



YMCA OF SAN DIEGO COUNTY  
Child & Youth Development

**INHALED MEDICATION: PHYSICIAN'S CHECKLIST (LICENSED FACILITIES)  
(CHILD'S EVALUATION FOR APPROPRIATENESS OF CARE)**

**PART A – INFORMATION TO BE COMPLETED BY PHYSICIAN**

Name of Child: \_\_\_\_\_ Birthdate: \_\_\_\_\_

**Assessment of Stability of Child's Medical Condition**

Is the child's medical condition stable enough for a layperson with instruction/ training to safely administer medication to and properly care for the child in a childcare setting?  Yes  No

Please explain: \_\_\_\_\_

**Designation of Person to Provide Instruction on Inhaled Medication**

If the answer to the above question is yes, each person who administers the medication to the child must be instructed on how to provide that care by a competent person designated by the child's physician. Please indicate the person you designate to provide this instruction with regard to the above-named child (may be the child's authorized representative).

Name \_\_\_\_\_ Phone Number: \_\_\_\_\_

Address \_\_\_\_\_

Title or Relationship to Child: \_\_\_\_\_

Please provide specific steps for layperson to administer this medication to the child. The instructions must be updated annually, or whenever the child's needs dictate, and must include:

- The name and use of the medication.
- The name and use of any equipment and supplies needed.
- The proper dosage/ amount.
- The proper storage and cleaning.
- The method of administration.
- The time schedules by which the medication is to be administered.
- A description of any potential side effects and the expected protocol.
- A description of how to identify and respond to an emergency related to this medication/ condition.
- How long the child may need to be under direct observation following administration of medication.
- Whether the child should rest and when the child may return to normal activities.

Physician: \_\_\_\_\_ Date of Last Physical Exam: \_\_\_\_\_ Current Date: \_\_\_\_\_

Address: \_\_\_\_\_ Telephone: \_\_\_\_\_

Signature: \_\_\_\_\_

PHYSICIAN  PHYSICIAN'S ASSISTANT  NURSE PRACTITIONER

**PART B: INHALED TRAINING LOG**

Name of Child: \_\_\_\_\_

Name of Designated Trainer: \_\_\_\_\_ Date of Training: \_\_\_\_\_

Name of all Staff Present during Training: \_\_\_\_\_

Signature of Trainer: \_\_\_\_\_ Date: \_\_\_\_\_

Signatures of Staff:		Date:		Signatures of Staff:		Date:	
Signatures of Staff:		Date:		Signatures of Staff:		Date:	
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