



John A. Davis Family YMCA LAP POOL SCHEDULE

Effective November 2nd — March 3rd

Select lanes will be reserved due to programming. Lap swim is available:

- **Monday—Friday:** 6:00am — 2:00pm
- **Saturdays:** 8:00am — 12:45pm
- **Sundays:** CLOSED

MONDAY 6:00am—2:00pm	TUESDAY 6:00am—2:00pm	WEDNESDAY 6:00am—2:00pm	THURSDAY 6:00am—2:00pm	FRIDAY 6:00am—2:00pm	SATURDAY 8:00am—12:45pm
Lap Swim 6:00am-9:50am Lanes 1-5	Lap Swim 6:00am-9:50am Lanes 1-5	Lap Swim 6:00am-9:50am Lanes 1-5	Lap Swim 6:00am-9:50am Lanes 1-5	Lap Swim 6:00am-9:50am Lanes 1-5	Lap Swim & Family Swim 8:00am-12:45pm Lanes 1-5
Aqua Fit 10:00am-11:00pm All Lanes	Aqua Fit 10:00am-11:00pm All Lanes	Aqua Fit 10:00am-11:00pm All Lanes	Aqua Fit 10:00am-11:00pm All Lanes	Aqua Fit 10:00am-11:00pm All Lanes	Swim Lessons 9:00am—12:35pm Lanes 1 & 2
Lap Swim/Family Swim 11:00pm-2:00pm Lanes 1-5	Lap Swim/Family Swim 11:00pm-2:00pm Lanes 1-5	Lap Swim/Family Swim 11:00pm-2:00pm Lanes 1-5	Lap Swim/Family Swim 11:00pm-2:00pm Lanes 1-5	Lap Swim/Family Swim 11:00pm-2:00pm Lanes 1-5	
2pm-6pm CLOSED	2pm-6pm CLOSED	2pm-6pm CLOSED	2pm-6pm CLOSED	2pm-6pm CLOSED	SUNDAY Closed

Know Before You Go Swimming in the Lap Pool:

- Swimmers are encouraged to share lanes if the pool is busy.
- Water Group Exercise classes are scheduled 10mins prior to the class start time to allow Lifeguards to move lane lines and staff to prepare for their class.
- Please sign up for our text alerts for closures, special reservations, and updates!

Please see reverse for additional pool rules and information.

*Lap pool lane schedule and availability are subject to change at anytime.

Hours of Operation:

Monday: 6:00am—2:00pm
Tuesday: 6:00am—2:00pm
Wednesday: 6:00am—2:00pm
Thursday: 6:00am—2:00pm
Friday: 6:00am—2:00pm
Saturday: 8:00am—12:45pm
Sunday: CLOSED