



YMCA OF SAN DIEGO COUNTY
**COMMUNITY
 WELL-BEING
 & BELONGING**

MISSION

We nurture a healthy spirit, mind, and body so all can thrive while honoring our faith-based heritage.

VISION

To be the catalyst to transform lives and communities.



**CONNECTION
 IN COMMUNITY**

2025 ANNUAL CAMPAIGN
RANCHO FAMILY YMCA

THE ANNUAL CAMPAIGN MOVES OUR MISSION FORWARD TO ENSURE ACCESS FOR ALL.

OUR IMPACT

The Rancho family YMCA impacted the lives of

17,480
 individuals



COMMUNITY NEED

\$180,000 to provide equitable access to
 YMCA memberships, programs, and services.



OPENING OUR DOORS TO:

HEALTH EQUITY

MENTAL HEALTH

YOUTH DEVELOPMENT

ENSURING ACCESS FOR ALL



TESTIMONIAL



"We love that the Y doesn't place our daughter [Lucia] in a separate class. When she goes there, she's able to feel like just a regular little girl practicing gymnastics with her friends. For one day of the week, she gets to feel like she belongs, and that she's not so different. Her big, bright smile lights up the gym." – Mother of Lucia M.

**GIVE.
 VOLUNTEER.
 SHARE.**

**SCAN
 QR CODE**



**CREATING
 HEALTH EQUITY**

Our LIVESTRONG program has helped

118
 cancer survivors

find normalcy, support and wellness.

**SUPPORTING
 MENTAL HEALTH**

1 in 4
 members

received scholarship last year, benefitting their social, emotional and physical health.

**NURTURING
 YOUTH DEVELOPMENT**

18,464
 youth supported

in Day Camps, Swim Lessons, Child Care, Sports & Gymnastics, and Adventure Clubs.

YOUR SUPPORT MATTERS >> ymcasd.org/ranchogive

INVESTING IN OUR COMMUNITY

RANCHO FAMILY YMCA



Through generous donations to our Annual Campaign, we are able to give every individual the Y experience, regardless of their ability to pay.

When you give to the Y, you are making an investment in our community and giving those in need the opportunity to thrive.

**1 IN 10
PEOPLE**
that live in
San Diego
live in poverty

Our Y ensures
**ACCESS
FOR ALL**
regardless of
ability to pay

Rancho Family
YMCA provided
7,476
scholarships
ensuring access for all



STORY OF IMPACT

"The Livestrong program at the YMCA was a sanctuary during my battle with breast cancer. The supportive community, expert guidance, and tailored fitness helped me regain strength and reclaim control of my mind and body. The YMCA became a place of respite, recovery, and connection, where I found the support and inspiration I needed to heal. The program's focus on whole-person health, including physical, emotional, and social well-being, was instrumental in my recovery. I felt empowered to take control of my health and rebuild my strength, one step at a time. The YMCA provided a safe and welcoming intimate setting where I could connect with others who understood my journey and offered encouragement and camaraderie." — Yolanda W.

**YOUR
GIFT
CHANGES
LIVES**

- \$100 provides a month of life-saving swim lessons.
- \$250 provides one weekend of tent camping for our Adventure Guides program.
- \$500 provides 5 months of gymnastics lessons.
- \$1,000 provides two kids the opportunity to attend one week of Day Camp.
- \$2,500 provides ten cancer survivors the opportunity to participate in LIVESTrong.

Distributed
\$467,995
in scholarships
to families, teens, seniors,
and children who needed us most.

352
life-saving
swim lessons
were provided through scholarships last year.

1,560
youth
received scholarship last year, allowing children
from all walks of life to be able to
reap the benefits of the Y.

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