

MISSION

We nurture a healthy spirit, mind, and body so all can thrive while honoring our faith-based heritage.

VISION

To be the catalyst to transform lives and communities.



2025 ANNUAL CAMPAIGN

ESCONDIDO YMCA
A CAMPUS FOR COMMUNITY WELL-BEING

THE ANNUAL CAMPAIGN MOVES OUR MISSION FORWARD TO ENSURE ACCESS FOR ALL.

OUR IMPACT

As a leading nonprofit, our Y is making a difference in Escondido

by providing youth and family-focused programs, including our important mission to send children from Escondido schools to YMCA Overnight Camps.

COMMUNITY NEED

\$50,000

to provide Escondido kids

with the opportunity to expereince YMCA Overnight Camp programs. These funds will be matched, so that 100 children can enroll for Summer 2025.

OPENING OUR DOORS TO:

HEALTH EQUITY

MENTAL HEALTH

YOUTH DEVELOPMENT

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For the past three years, thanks to generous donors, the Escondido YMCA has successfully fundraised to send children from the Escondido School District to San Diego's three YMCA Overnight Camps. At camp, these kids get to disconnect from TV and social media and spend a week being themselves in the outdoors.

"Maximiliano participated in the YMCA Camp Surf program. I was surprised by everything he learned, what he solved or tried to solve with his own tools and how happy and satisfied he came out of this camp experience. Max is looking forward to this camp with enthusiasm and I would have no hesitation in letting him go again."

-Happy Camper Parent

SEE OUR IMPACT IN ACTION





CREATING HEALTH EQUITY

100 Escondido children

will hike mountain trails, surf ocean waves or care for horses in the highly active and hands-on summer overnight camp programs.

SUPPORTING MENTAL HEALTH

Spending time outdoors at Overnight Camp is essential for

children's mental health

as it provides them with a break from screens and daily stressors, fostering a deeper connection with nature. Outdoor activities promote physical exercise, which releases endorphins and reduces anxiety and depression.

NURTURING YOUTH DEVELOPMENT

The social interactions and independence gained in a camp setting

help children build self-esteem and resilience, positively impacting their overall emotional well-being.

INVESTING IN OUR COMMUNITY 於於於於於於於於於於於於於於於 YMCA OF SAN DIEGO COUNTY

Through generous donations to our Annual Campaign, we are able to give every individual the Y experience, regardless of their ability to pay.

When you give to the Y, you are making an investment in our community and giving those in need the opportunity to thrive.

1 IN 10 **PEOPLE**

that live in San Diego live in poverty

Our Y ensures ACCESS FOR ALL regardless of

ability to pay

YMCA of San Diego County provided

scholarships ensuring access for all



STORY OF IMPACT (((((((()

"At our YMCA Expanded Learning Programs in Escondido, we have the privilege of overseeing over 1,000 students daily throughout the school year. One of the highlights for me is seeing our students continue to be part of the YMCA during the summer through our amazing overnight camps. Securing 100 spots for our students means they will stay engaged, build lasting friendships, and create new experiences in a safe and supportive environment. It's a wonderful opportunity for them to enjoy an unforgettable week of summer while growing both personally and socially.

-Navin Alavez, Regional Director of Expanded Learning Programs

YOUR GIFT CHANGES LIVES

MAKE A CONTRIBUTION **TODAY!**





