



YMCA OF SAN DIEGO COUNTY  
**COMMUNITY  
 WELL-BEING  
 & BELONGING**

**MISSION**

We nurture a healthy spirit, mind, and body so all can thrive while honoring our faith-based heritage.

**VISION**

To be the catalyst to transform lives and communities.



**CONNECTION  
 IN COMMUNITY**

**2025 ANNUAL CAMPAIGN  
 SOUTH BAY FAMILY YMCA**

THE ANNUAL CAMPAIGN MOVES OUR MISSION FORWARD TO ENSURE ACCESS FOR ALL.

**OUR IMPACT**

The YMCA of San Diego County impacted the lives of

**12,058**

**individuals,**

with an astounding 56,643 well-being interactions across a variety of programs and services.

**COMMUNITY NEED**

**\$351,000 to provide equitable access to** YMCA memberships, programs, and services.



**OPENING OUR DOORS TO:**

**HEALTH EQUITY**

**MENTAL HEALTH**

**YOUTH DEVELOPMENT**

**ENSURING ACCESS FOR ALL**



**TESTIMONIAL**



"Dear YMCA Swim Instructors, Thank you so much for helping out students become better swimmers and for making it fun. I've definitely seen an increase in their confidence. We are grateful for this opportunity and hope to be back next year."

-Mrs. J. Teacher, Chula Vista Elementary School District

**GIVE. VOLUNTEER. SHARE.**

**SCAN QR CODE**



**CREATING HEALTH EQUITY**

**4,986** scholarships

provided to families, teens, seniors, and children who needed us most.

**SUPPORTING MENTAL HEALTH**

**772** students

received subsidies for camp, providing safety and social connections for youth and childcare for families during school breaks.

**NURTURING YOUTH DEVELOPMENT**

**1,894** youth supported

in Membership, Day Camp, Swim Lessons, Child Care, Sports & Dance, Childcare Resource Services and Expanded Learning programs

**YOUR SUPPORT MATTERS >> [ymcasd.org/southbaygive](https://ymcasd.org/southbaygive)**

# INVESTING IN OUR COMMUNITY

## YMCA OF SAN DIEGO COUNTY



Through generous donations to our Annual Campaign, we are able to give every individual the Y experience, regardless of their ability to pay.

When you give to the Y, you are making an investment in our community and giving those in need the opportunity to thrive.

**1 IN 10 PEOPLE**  
that live in San Diego live in poverty

Our Y ensures **ACCESS FOR ALL** regardless of ability to pay

South Bay Family YMCA provided **4,986** scholarships ensuring access for all

TESTIMONIAL



## STORY OF IMPACT

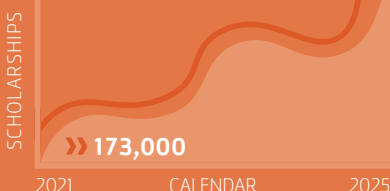
"I'm a single father with two children who attend a Chula Vista Elementary School. After moving to Chula Vista, working for the Navy, I was desperate for support with child care. Moving into a new community and high cost of care for two children was making things tough. The South Bay YMCA team came through to help us out and we're so grateful!"

-Anonymous

**YOUR GIFT CHANGES LIVES**

- \$183 ..... provides swimming lessons for one month.
- \$397 ..... sends a child to Day Camp for one week.
- \$936 ..... gives a senior one year of membership and access to physical fitness, social connection and vitality.
- \$1,524 ..... provides a family with membership and a safe, healthy place to grow & thrive together.

The need is greater than ever! » 351,000



**485**

**elementary school students**

received free water safety and drowning prevention classes, building self-confidence and lifeskills.

**\$55,039**

**provided to military families**

to support healthy living and social support.

**YOUR SUPPORT MATTERS » ymcasd.org/southbaygive**