

PYD

POSITIVE YOUTH DEVELOPMENT

WEEKLYINTENTIONS

MINDFUL MONDAY

Make time for me, show me that I matter.

Opportunities to get to know me.

Notice me, help me feel seen.

Dream big with me.

Ask questions, check in with me.

You make a difference.

TALK TO ME TUESDAY

Talk, share stories with me.

Understand me.

Expect me to do my best.

Say what you see in me.

Dig deep, discover my sparks.

Ask about my experiences, achievements & ideas.

You make a difference.

WOW WEDNESDAY

Welcome my voice & choice.

Expose me to new ideas & experiences.

Develop my skills.

New possibilities for me.

Empower me. I do, we do, you do!

Support me to participate and feel included.

Develop my confidence to try new things.

Ask me about my goals.

You make a difference.

TRYTOGETHER THURSDAY



Teach me teamwork.

Help me learn from my friends.

Understand me and how I learn.

Reflect on my strengths with me.

Stretch my growth. Push me to go further.

Do it with me.

Acknowledge my efforts, praise me.

You make a difference.

FRIENDSHIP FRIDAY



Fri-YAY! Celebrate me.

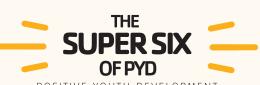
Respect me & give me say.

Include me, involve me.

Develop my friendships, relationships, connections.

Acknowledge my achievements & goals.

You make a difference.



POSITIVE YOUTH DEVELOPMENT

Engage Authentically

Promote Peer Bonds

Challenge Growth

Expand Interest

Manage Goals

Share Power