



# John A. Davis Family YMCA LAP POOL SCHEDULE

*Effective April 1st*

Select lanes will be reserved due to programming. Lap swim is available:

- **Monday—Friday:** 6:00am — 6:00pm
- **Saturdays:** 8:00am — 12:45pm
- **Sundays:** CLOSED

<b>MONDAY</b> 6:00am—2:00pm	<b>TUESDAY</b> 6:00am—2:00pm	<b>WEDNESDAY</b> 6:00am—2:00pm	<b>THURSDAY</b> 6:00am—2:00pm	<b>FRIDAY</b> 6:00am—2:00pm	<b>SATURDAY</b> 8:00am—12:45pm
Lap Swim 6:00am-9:50am Lanes 1-5	Lap Swim & Family Swim 8:00am-12:45pm Lanes 1-5				
Aqua Fit 10:00am-11:00pm All Lanes	Aqua Fit 9:00am-11:00pm All Lanes	Aqua Fit 10:00am-11:00pm All Lanes	Aqua Fit 10:00am-11:00pm All Lanes	Aqua Fit 10:00am-11:00pm All Lanes	Swim Lessons 9:00am—12:35pm Lanes 1 & 2
Lap Swim 11:00pm-3:00pm Lanes 1-5	Lap Swim 11:00pm-2:00pm Lanes 1-5	Lap Swim 11:00pm-2:00pm Lanes 1-5	Lap Swim 11:00pm-2:00pm Lanes 1-5	Lap Swim 11:00pm-2:00pm Lanes 1-5	
Lap Swim/ Family Swim 2pm-6pm Lanes 1 to 3	<b>SUNDAY</b> Closed				
Swim Lessons 3pm-6pm Lanes 1 to 2					

## Know Before You Go Swimming in the Lap Pool:

- Swimmers are encouraged to share lanes if the pool is busy.
- Water Group Exercise classes are scheduled 10mins prior to the class start time to allow Lifeguards to move lane lines and staff to prepare for their class.
- Please sign up for our text alerts for closures, special reservations, and updates!
- Pool Schedule is subject to change due to programming and availability.

## Hours of Operation:

**Monday:** 6:00am—6:00pm  
**Tuesday:** 6:00am—6:00pm  
**Wednesday:** 6:00am—6:00pm  
**Thursday:** 6:00am—6:00pm  
**Friday:** 6:00am—6:00pm  
**Saturday:** 8:00am—12:45pm  
**Sunday:** CLOSED