



YMCA TRIPLE P ACTIVITY CALENDAR

APRIL 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
07 Group Triple P Teen 5:00pm–7:00pm Copley–Price YMCA	08 Group Triple P Teen Morning & Evening Online via Zoom	09 Group Triple P 0–12 5:00pm–7:00pm Jackie Robinson YMCA	10 Spanish Discussion Group Morning & Evening Online via Zoom	11
14 Group Triple P Teen 5:00pm–7:00pm Copley–Price YMCA	15 Group Triple P Teen Morning & Evening Online via Zoom	16 Group Triple P 0–12 5:00pm–7:00pm Jackie Robinson YMCA	17 Spanish Discussion Group Morning & Evening Online via Zoom	18
21 Group Triple P Teen 5:00pm–7:00pm Copley–Price YMCA	22 Group Triple P Teen Morning & Evening Online via Zoom	23 Group Triple P 0–12 5:00pm–7:00pm Jackie Robinson YMCA	24 Spanish Discussion Group Morning & Evening Online via Zoom	25
28 Group Triple P Teen 5:00pm–7:00pm Copley–Price YMCA	29 Group Triple P Teen Morning & Evening Online via Zoom	30 Group Triple P 0–12 5:00pm–7:00pm Jackie Robinson YMCA	1 Spanish Discussion Group Morning & Evening Online via Zoom	2

POSITIVE PARENTING PROGRAM: Triple P, the Positive Parenting Program, is one of the most effective and best-known positive parenting programs in the world. Its range of classes gives parents simple, practical strategies to build strong, healthy relationships, confidently manage children's behavior, and prevent challenges from developing. Classes are free to all and we encourage caregivers of any form to join us!

ZOOM PROGRAM HOURS:

AM PROGRAM: 10:00 AM – 12:00 PM

PM PROGRAM: 05:00 PM – 07:00 PM

Register for sessions by contacting below!

For more information, contact: James Edmond | 619-604-1767 | jedmond@ymcasd.org



YMCA TRIPLE P ACTIVITY CALENDAR

MAY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			01 Spanish Discussion Group Morning & Evening Online via Zoom	02
05 Discuss. Group Triple P 5:00pm–7:00pm Copley–Price YMCA	06 Group Triple P Morning & Evening Online via Zoom	07 Discuss. Group Triple P 5:00pm–7:00pm Jackie Robinson YMCA	08 Spanish Discussion Group Morning & Evening Online via Zoom	09
12 Discuss. Group Triple P 5:00pm–7:00pm Copley–Price YMCA	13 Group Triple P Morning & Evening Online via Zoom	14 Discuss. Group Triple P 5:00pm–7:00pm Jackie Robinson YMCA	15 Seminar Triple P Morning & Evening Online via Zoom	16
19 Discuss. Group Triple P 5:00pm–7:00pm Copley–Price YMCA	20 Group Triple P Morning & Evening Online via Zoom	21 Discuss. Group Triple P 5:00pm–7:00pm Jackie Robinson YMCA	22 Seminar Triple P Morning & Evening Online via Zoom	23
26 Memorial Day Holiday No classes held	27 Group Triple P Morning & Evening Online via Zoom	28 Discuss. Group Triple P 5:00pm–7:00pm Jackie Robinson YMCA	29 Seminar Triple P Morning & Evening Online via Zoom	30

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