



AUG-SEPT 2025 POOL SCHEDULE

COPLEY-PRICE FAMILY YMCA

* Schedule and lane availability are subject to change
* Number in () is the number of lanes being used

OUTDOOR POOL

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:00AM	Lap Swim (6) 5:00AM-6:00AM 7:00AM-10:00AM Masters Swim (3) Lap Swim (3) 6:00AM-7:00AM	Lap Swim (6) 5:00AM-4:00PM	Lap Swim (6) 5:00AM-6:00AM 7:00AM-10:00AM Masters Swim (3) Lap Swim (3) 6:00AM-7:00AM	Lap Swim (6) 5:00AM-4:00PM	Lap Swim (6) 5:00AM-10:00AM			
7:00AM								
8:00AM								
9:00AM								
10:00AM	Lap Swim (6) 10:00AM-5:00PM		Lap Swim (6) 10:00AM-5:00PM		Lap Swim (6) 10:00AM-5:00PM	Lap Swim (6) 10:00AM-5:00PM	Lap Swim (4) Family Swim(2) 10:00AM-1:00PM	Lap Swim (6) 8:00AM-2:30PM
11:00AM								
12:00PM								
1:00PM							Lap Swim (6) 1:00PM-3:30PM	
2:00PM								
3:00PM								
4:00PM	Lap Swim (5) Swim Lessons (1) 4:00PM-5:00PM		Lap Swim (5) Swim Lessons (1) 4:00PM-5:00PM		<div>Family Swim</div> <div>SAT: 10AM-1PM</div>			
5:00PM	Lap Swim (1) Swim Team (5) 5:00PM-7:00PM	Lap Swim (1) Swim Team (5) 5:00PM-7:00PM						
6:00PM								
7:00PM	Lap Swim (2) Masters Swim (4) 7:00PM-8:00PM	Lap Swim (2) Masters Swim (4) 7:00PM-8:00PM	Lap Swim (2) Masters Swim (4) 7:00PM-8:00PM	Lap Swim (6) 7:00PM-8:00PM				
8:00PM								
9:00PM	Lap Swim (6) 8:00PM-9:00PM	Lap Swim (6) 8:00PM-9:00PM	Lap Swim (6) 8:00PM-9:00PM	Lap Swim (6) 8:00PM-9:00PM				

INDOOR POOL

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00AM	Lap Swim (6) 5:00AM-11:00AM	Lap Swim (6) 5:00AM-9:00AM	Lap Swim (6) 5:00AM-10:00AM	Lap Swim (6) 5:00AM-11:00AM	Lap Swim (6) 5:00AM-10:00AM	Lap Swim (6) 7:00AM-8:30AM	Lap Swim (3) Family Swim (3) 8:00AM-2:30PM
7:00AM							
8:00AM							
9:00AM		Swim Lessons (2) Lap Swim (4) 9:00AM-11:00AM	Lap Swim(4) Family Swim (2) 10:00AM-3:00PM	Aqua Fit (6) No Lap Swim 10:00AM-12:00PM	No Lap Swim Swim Lessons (6) 8:30AM-1:00PM		
10:00AM							
11:00AM	Aqua Zumba (6) No Lap Swim 11:00AM-	Aqua Fit (6) No Lap Swim 11:00AM-12:00PM		Aqua Fit (6) No Lap Swim 11:00AM-12:00PM	Aqua Fit (6) No Lap Swim 10:00AM-12:00PM	Lap Swim (3) Family Swim (3) 1:00PM-3:30PM	
12:00PM	Lap Swim(4) Family Swim(2) 12:00PM-3:00PM	Lap Swim (4) Family Swim(2) 12:00PM-3:00PM	Lap Swim (4) Family Swim(2) 12:00PM-3:00PM	Lap Swim (4) Family Swim(2) 12:00PM-3:00PM	Lap Swim (3) Family Swim (3) 1:00PM-3:30PM		
1:00PM							
2:00PM							
3:00PM	Lap Swim (1) Family Swim(2) Swim Lessons (3) 3:00PM-7:00PM	Lap Swim (3) Swim Lessons (3) 3:00PM-7:40PM	Lap Swim (1) Family Swim(2) Swim Lessons (3) 3:00PM-7:00PM	Lap Swim (3) Swim Lessons (3) 3:00PM-7:40PM	Lap Swim (2) Family Swim(2) Swim Lessons (2) 3:00PM-7:00PM	<div>Family Swim</div> <div>MON: 12PM-9PM</div> <div>WED: 10AM-9PM</div> <div>TUE/THURS: 12-3PM & 7:40-9PM</div> <div>FRI: 12-8PM</div> <div>SAT 1:00PM-3:30PM</div> <div>SUN 8:00AM - 2:30PM</div>	
4:00PM							
5:00PM							
6:00PM							
7:00PM	Lap Swim (4) Family Swim(2) 7:00PM-9:00PM	Lap Swim (4) Family Swim(2) 7:40PM-9:00PM	Lap Swim (4) Family Swim(2) 7:00PM-9:00PM	Lap Swim (4) Family Swim(2) 7:40PM-9:00PM	Lap Swim (3) Family Swim(3) 7:00PM-8:00PM		
8:00PM							
9:00PM							

- Lap Swimming is for ages 13 and up — children under 13 must pass a swim test or stay within arms reach of a parent to use lap lanes
- All children under 13 must pass a swim test to enter the 6ft section during family swim
- Children under 7 must have a parent in the water within arms reach at all times

Updated 7/30/2025

SPA

Monday	5:00AM-9:00PM
Tuesday	5:00AM-9:00PM
Wednesday	5:00AM-9:00PM
Thursday	5:00AM-9:00PM
Friday	5:00AM-8:00PM
Saturday	7:00AM-3:30PM
Sunday	8:00AM-11:00AM Closed after 11AM for cleaning

SPLASH PAD

Monday	8:00AM-SUNSET
Tuesday	8:00AM-SUNSET
Wednesday	8:00AM-SUNSET
Thursday	8:00AM-SUNSET
Friday	8:00AM-SUNSET
Saturday	8:00AM-3:30PM
Sunday	8:00AM-2:30PM