

## John A. Davis Family YMCA LAP POOL SCHEDULE

## **Effective April 1st**

Select lanes will be reserved due to programming. Lap swim is available: <ul> <li>Monday—Friday: 6:00am — 6:00pm</li> <li>Saturdays: 8:00am — 12:45pm</li> <li>Sundays: CLOSED</li> </ul>										
<b>MONDAY</b> 6:00am—6:00pm	<b>TUESDAY</b> 6:00am—6:00pm	WEDNESDAY 6:00am—6:00pm	<b>THURSDAY</b> 6:00am—6:00pm	<b>FRIDAY</b> 6:00am—6:00pm	<b>SATURDAY</b> 8:00am—12:45pm					
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim & Family Swim					
6:00am-9:50am	<u>6:00am-8:50am</u>	6:00am-9:50am	6:00am-9:50am	6:00am-9:50am	8:00am-12:45pm					
Lanes 1-5	Lanes 1-5	Lanes 1-5	Lanes 1-5	Lanes 1-5	Lanes 1-5					
Aqua Fit	Aqua Fit	Aqua Fit	Aqua Fit	Aqua Fit	Swim Lessons 9:00am—12:35pm Lanes 1 & 2					
10:00am-11:00am	<u>9:00am-11:00am</u>	10:00am-11:00am	10:00am-11:00am	10:00am-11:00am						
All Lanes	All Lanes	All Lanes	All Lanes	All Lanes						
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim						
11:00am-3:00pm	11:00am-3:00pm	11:00am-3:00pm	11:00am-3:00pm	11:00am-3:00pm						
Lanes 1-5	Lanes 1-5	Lanes 1-5	Lanes 1-5	Lanes 1-5						
Lap Swim/ Family Swim	Lap Swim/ Family Swim	Lap Swim/ Family Swim	Lap Swim/ Family Swim	Lap Swim/ Family Swim						
3pm-6pm	3pm-6pm	3pm-6pm	3pm-6pm	3pm-6pm						
Lanes 1 to 3	Lanes 1 to 3	Lanes 1 to 3	Lanes 1 to 3	Lanes 1 to 3	SUNDAY					
Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Closed					
3pm-6pm	3pm-6pm	3pm-6pm	3pm-6pm	3pm-6pm						
Lanes 1 to 2	Lanes 1 to 2	Lanes 1 to 2	Lanes 1 to 2	Lanes 1 to 2						

## Know Before You Go Swimming in the Lap Pool:

- Swimmers are encouraged to share lanes if the pool is busy.
- Water Group Exercise classes are scheduled 10mins prior to the class start time to allow Lifeguards to move lane lines and staff to prepare for their class.
- Please sign up for our text alerts for closures, special reservations, and updates!
- Pool Schedule is subject to change due to programming and availability.

## Hours of Operation:

Monday: 6:00am—6:00pm Tuesday: 6:00am—6:00pm Wednesday: 6:00am—6:00pm Thursday: 6:00am—6:00pm Friday: 6:00am—6:00pm Saturday: 8:00am—12:45pm Sunday: CLOSED