the		RYAN Y	MCA OUTDO	OOR LAP PO	OR LAP POOL SCHEDULI		(effective 6/1/2025)	
N. Comments	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
5:30 AM 6:00AM	Facility Closed			Lap Swim (4) 5:30-6:30a Coached Lap Swim (2)			Facility Closed	
7:00AM			Lap Swim (6)		Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	
8:00AM 8:30AM 9:00AM	Lap Swim (6)	Lap Swim (6)	Lap Jwiii (0)	Lap Swim (6)	Lap Swilli (o)	Lap Swiii (O)		
9:30AM 10:00AM 10:30AM			10:15-11:00AM Aqua Fit (3) Lap Swim (3)	10:15-11:00AM Shallow Strength & Balance (3) Lap Swim (3)	10:15-11:00AM Aqua Fit (3) Lap Swim (3)	10:15-11:00AM Aqua Fit (3) Lap Swim (3)	8:20-12:40PM Lap Swim (4)	
11:00AM 11:30AM	9:30-1:30PM Lap Swim (5)	11:15-12:15PM Synchronized Swim (3)				11:15-12:15PM Synchronized Swim (3)		
12:00PM 12:30PM		11:30-3:00PM Camp (shallow + 2 lanes)	11:30-3:00PM Camp (shallow + 2 lanes)	11:30-3:00PM Camp (shallow + 2 lanes)	11:30-3:00PM Camp (shallow + 2 lanes)	11:30-3:00PM Camp (shallow + 2 lanes)		
1:00PM		11:15-12:15PM Lap Swim (1)	Lap Swim (4)	Lap Swim (4)	Lap Swim (4)	11:15-12:15PM Lap Swim (1)		
1:30PM 2:00PM	Lap Swim (6)	12:15-3:00PM Lap Swim (4)				12:15-3:00PM Lap Swim (4)	Lap Swim (5) Pool closes 4:45PM	
3:00PM	Pool Closes 2:45PM Facility Closes 3:00PM	Lap Swim (5)	Lap Swim (5)	Lap Swim (5)	Lap Swim (5)	Lap Swim (5) until 5:00	Facility Closes 5:00PM	
4:00PM	Number in the (parenthesis) indicates number of lanes. Questions about the schedule? Please contact Aquatics Director Andi by email akeliinoi@ymcasd.org	Lap Swim (3) until 4:45	Lap Swim (3) until 4:45	Lap Swim (3) until 4:45	Lap Swim (3) until 4:45		Swim Test Required for lap lanes	
5:00PM 5:45PM		Lap Swim (1) until 5:45	Lap Swim (1) until 5:45	Lap Swim (1) until 5:45	L 5 (1) (1) 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7	Lap Swim (1) until 6:30	deep end. Children under 4ft must have parent within arms reach at all times, wear PFD, and demonstrate water safety. Famil Swim is available at all times.	
6:00PM		Lap Swim (0) until 7:30	Lap Swim (0) until 7:30	Lap Swim (0) until 7:30	Lap Swim (1) until 7:30	Lap Swim (2) until 6:45		
6:30PM						Lap Swim (6)	Space is subject to availability based on programming.	
7:30PM		Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)		Best times: MON-THURS 5:30A-4:00PM & 6:00-7:45PM FRI 3:00	
7:45PM	Pool Closes 7:45PM Facility Closes 8:00PM						-6:45PM	