# POOL SCHEDULE DAN MCKINNEY RECREATION POOL



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
6AM	6am-9:15am	6am-9:15am	6am-9:15ạṃ	6am-9:15am	6am-9:15ạṃ			
7AM	Lap Swim (4)	Lap Swim (4)	Lap Swim (4)	Lap Swim (4)	Lap Swim (4)	7-9:15am Lap Swim (4)		
8AM	8-8:50 Aqua Fit (1) Lap Swim (3)	8-8:50am Aqua Fit	8-8:50am Aqua Fit	8-8:50 Aqua Fit (1) Lap Swim (3)	8-8:50am Aqua Fit	8:10am-9:00am Aqua Fit	8-9:15am Lap Swim (4)	
9AM	8:50-11am	9:15-12pm Lap Swim (2) Lessons (2)	9:15-9:45am Lap Swim (2) Lessons (2)	8:50-10am Lap Swim (4)	9:15-9:45am Lap Swim (2)	9:15am-12:45pm Lap Swim (1) Lessons (3)  *No family swim during lessons*  11:30am-6pm Family Swim	8am-5pm Family Swim 9:15am-12pm Lap Swim (1) Lessons (3) 10-10:50am Aqua Zumba	
10AM	Lap Swim (4)			10am-12pm Lap Swim (2) Lessons (2)	Lessons (2)			
11AM	11-11:50am Aqua Fit Lap Swim (4)		11-11:50am Aqua fit Lap Swim (4)		11-11:50am Aqua Fit Lap Swim (4)			
12PM 1PM 2PM	12-3:30pm Lap Swim (4)	12-3pm Lap Swim (4)	12-3:30pm Lap Swim (4)	12-3pm Lap Swim (4)	12-3:30pm Lap Swim (4)		12pm-5pm Lap Swim (4)	
3PM 4PM 5PM	3:30-7pm Lap Swim (2) Lessons (2)	3-7pm Lap Swim (1) Lessons (3)	3:30-7pm Lap Swim (2) Lessons (2)	3-7pm Lap Swim (1) Lessons (3)	3:30-7pm Lap Swim (1) Lessons (3)	12:45pm-6pm Lap Swim (4)		
6PM 7PM					7pm-7:30pm			
8PM	7pm-8:30pm Lap Swim (4)	7pm-8:30pm Lap Swim (4)	7pm-8:30pm Lap Swim (4)	7pm-8:30pm Lap Swim (4)	Lap Swim (4)			

From: AUGUST 11-AUGUST 31

\*Number of swimming lanes available in parentheses

During peak hours, family swim will have 10 minute

breaks at the top of every hour.

### **Family Swim Hours:**

Monday - Thursday 9AM - 8:30PM
Friday 9AM - 7:30 PM
Saturday 11:30AM - 6 PM
Sunday 8AM - 5PM

## **Splash Pad Hours:**

Mon-Thursday 8AM-8PM
Friday 8AM-7PM
Saturday 7AM - 6PM
Sunday 8AM - 5PM

### **RULES:**

**Children 13 and under MUST** pass the swim test to swim without an adult.

**An adult MUST** be in the water with non-swimmers, within arms reach.

Adult to child ratio: If more than 1 child per 1 adult in the pool, the other children MUST pass the swim test or wear a USCG approved life vest.

**Children 6 and under MUST** be actively supervised in the water by an adult 16 years or older.

**Children 7–12 MUST** have adult supervision within the area, even if the swim test has been

## **ADDITIONAL NOTES:**

\*Saturday family swim is only available after 11:30AM.

# POOL SCHEDULE DAN MCKINNEY LAP POOL



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6AM	6am-7am Masters (4) Lap Swim (4)	6am-8am Lap Swim (8)	6am-7am Masters (4) Lap Swim (4)	6am-8am Lap Swim (8)	6am-7am Masters (4) Lap Swim (4)		
7AM	7am-4pm Lap Swim (8)	·	7am-4pm Lap Swim (8)	·	7am-4pm Lap Swim (8)	7am-8am Lap Swim (8)	
8AM		8am-9am Masters (5) Lap Swim (3)		8am-9am Masters (5) Lap Swim (3		8am-9am Masters (4) Lap Swim (4)	
9AM		9am-5pm Lap Swim (8)		9am-5pm Lap Swim (8)		9am-11:30am Lap Swim (8)	
10AM						11:30am-12:30pm *dates vary*	
11AM						Pre-Team(4) Lap Swim (4)	8am-5pm
12PM						12:30-6pm Lap Swim (8)	Lap Swim (8)
1PM							
2PM							
ЗРМ							
4PM	4-6pm Y-Swim Team (5) Lap Swim (3)  6-7pm Y-Swim Team (4) Masters (2)  7pm-8:30pm Lap Swim (8)		4-6pm Y-Swim Team (5) Lap Swim (3)		4pm-6:30pm Y-Swim Team (4) Lap Swim (4)		
5PM		5pm-8pm Y-Swim Team (5) Lap Swim (3)		5pm-8pm Y-Swim Team (4) Lap Swim (4)			
6РМ			6-7pm Y-Swim Team (4) Masters (2)				
7PM			7pm-8:30pm Lap Swim (8)		6:30pm-7:30pm Lap Swim (8)		
8PM		8pm-8:30pm Lap Swim (8)		8pm-8:30pm Lap Swim (8)			

From: AUGUST 11-31

\*Number of swimming lanes available in parentheses

During peak hours, family swim will have 10 minute

breaks at the top of every hour.

### Spa Hours\*:

Monday - Thursday 6AM - 8:30PM
Friday 6AM - 7:30PM
Saturday 7AM - 6PM
Sunday 8AM - 5PM

## Sauna Hours:

Monday - Thursday 6AM - 8:30PM
Friday 6AM - 7:30PM
Saturday 7AM - 6PM
Sunday 8AM - 5PM

### **CONTACTS:**

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Elise Sanzeri: Head Swim Coach Email - esanzeri@ymcasd.org

### **ADDITIONAL NOTES:**

For member safety the spa will be <u>closed</u> when baseball is being played at the field behind the spa.