



John A. Davis Family YMCA

LAP POOL SCHEDULE

September

Select lanes will be reserved due to programming. Lap swim is available:

- Monday—Friday: 6:00am — 6:00pm
- Saturdays: 8:00am — 12:45pm
- Sundays: CLOSED

MONDAY 6:00am—6:00pm	TUESDAY 6:00am—6:00pm	WEDNESDAY 6:00am—6:00pm	THURSDAY 6:00am—6:00pm	FRIDAY 6:00am—6:00pm	SATURDAY 8:00am—12:45pm
Lap Swim 6:00am-9:50am Lanes 1-5 Aqua Fit 10:00am-11:00am All Lanes Lap Swim 11:00am-3:00pm Lanes 1-5 Enrichment Recreation Program 4:00 - 4:45 1 Lane Lap Swim/ Family Swim 3pm-6pm Lanes 1 to 3 Swim Lessons 3pm-6pm Lanes 1 to 2	Lap Swim <u>6:00am-8:50am</u> Lanes 1-5 Aqua Fit <u>9:00am-11:00am</u> All Lanes Lap Swim 11:00am-3:00pm Lanes 1-5 Enrichment Recreation Program 3:00 - 3:45 1 Lane Lap Swim/ Family Swim 3pm-6pm Lanes 1 to 3 Swim Lessons 3pm-6pm Lanes 1 to 2	Lap Swim 6:00am-9:50am Lanes 1-5 Aqua Fit 10:00am-11:00am All Lanes Lap Swim 11:00am-3:00pm Lanes 1-5 Enrichment Recreation Program 4:00 - 4:45 1 Lane Lap Swim/ Family Swim 3pm-6pm Lanes 1 to 3 Swim Lessons 3pm-6pm Lanes 1 to 2	Lap Swim 6:00am-9:50am Lanes 1-5 Aqua Fit 10:00am-11:00am All Lanes Lap Swim 11:00am-3:00pm Lanes 1-5 Enrichment Recreation Program 4:00 - 4:45 1 Lane Lap Swim/ Family Swim 3pm-6pm Lanes 1 to 3 Swim Lessons 3pm-6pm Lanes 1 to 2	Lap Swim 6:00am-9:50am Lanes 1-5 Aqua Fit 10:00am-11:00am All Lanes Lap Swim 11:00am-3:00pm Lanes 1-5 Lap Swim/ Family Swim 3pm-6pm Lanes 1 to 3 Swim Lessons 3pm-6pm Lanes 1 to 2	Lap Swim & Family Swim 8:00am-12:45pm Lanes 1-5 Swim Lessons 9:00am—12:35pm Lanes 1 & 2 <div>SUNDAY Closed</div>

Know Before You Go Swimming in the Lap Pool:

- Swimmers are encouraged to share lanes if the pool is busy.
- Water Group Exercise classes are scheduled 10mins prior to the class start time to allow Lifeguards to move lane lines and staff to prepare for their class.
- Please sign up for our text alerts for closures, special reservations, and updates!
- Pool Schedule is subject to change due to programming and availability.

Hours of Operation:

Monday: 6:00am—6:00pm
Tuesday: 6:00am—6:00pm
Wednesday: 6:00am—6:00pm
Thursday: 6:00am—6:00pm
Friday: 6:00am—6:00pm
Saturday: 8:00am—12:45pm
Sunday: CLOSED