

## John A. Davis Family YMCA LAP POOL SCHEDULE

Effective from September 25th - October 31st

Select lanes will be reserved due to programming. Lap swim is available:

- **Monday—Friday**: 6:00am 6:00pm
  - Saturdays: 8:00am 12:45pm
    - Sundays: CLOSED

Sundays: CLOSED						
<b>MONDAY</b> 6:00am—6:00pm	TUESDAY 6:00am—6:00pm	WEDNESDAY 6:00am—6:00pm	THURSDAY 6:00am—6:00pm	<b>FRIDAY</b> 6:00am—6:00pm	SATURDAY 8:00am—12:45pm	
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim & Family Swim	
6:00am-9:50am	6:00 am -9:50am	6:00am-9:50am	6:00 am -9:50am	6:00am-9:50am	8:00am-12:45pm	
Lanes 1-5	Lanes 1-5	Lanes 1-5	Lanes 1-5	Lanes 1-5	Lanes 1-5	
Aqua Fit	Aqua Fit	Aqua Fit	Aqua Fit	Aqua Fit	Swim Lessons 9:00am—12:35pm Lanes 1 & 2	
10:00 -11:00am	10:00 -11:00am	10:00 -11:00am	10:00 -11:00am	10:00 -11:00am		
All Lanes	All Lanes	All Lanes	All Lanes	All Lanes		
Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
11:00am-3:00pm	11:00am-3:00pm	11:00am-3:00pm	11:00am-3:00pm	11:00am-3:00pm		
Lanes 1-5 Enrichment Program	Lanes 1-5 Enrichment Program	Lanes 1-5 Enrichment Program	Lanes 1-5 Enrichment Program	Lanes 1-5		
4:00 -4:45 1 Lane	4:00 -4:45 1 Lane	4:00 -4:45 1 Lane	4:00 -4:45 1 Lane			
Lap Swim/ Family Swim	Lap Swim/ Family Swim	Lap Swim/ Family Swim	Lap Swim/ Family Swim	Lap Swim/ Family Swim		
3pm-6pm	3pm-6pm	3pm-6pm	3pm-6pm	3pm-6pm		
3 Lanes	3 Lanes	3 Lanes	3 Lanes	3Lanes	SUNDAY	
Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Closed	
3pm-6pm	3pm-6pm	3pm-6pm	3pm-6pm	3pm-6pm		
2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes		

## **Know Before You Go Swimming in the Lap Pool:**

- Swimmers are encouraged to share lanes if the pool is busy.
- Water Group Exercise classes are scheduled 10mins prior to the class start time to allow Lifeguards to move lane lines and staff to prepare for their class.
- Please sign up for our text alerts for closures, special reservations, and updates!
- Pool Schedule is subject to change due to programming and availability.

## **Hours of Operation:**

Monday: 6:00am—6:00pm Tuesday: 6:00am—6:00pm Wednesday: 6:00am—6:00pm Thursday: 6:00am—6:00pm Friday: 6:00am—6:00pm Saturday: 8:00am—12:45pm

**Sunday:** CLOSED