MISSION VALLEY YMCA GYMNASIUM SCHEDULE - FALL

the	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2
5:00 AM	Adult Open Basketball	Adult Open Basketball	Adult Open Basketball	Adult Open Basketball	Adult Open Basketball	Adult Open	Adult Open Basketball	Adult Open Basketball	Adult Open Basketball	Adult Open				
6:00 AM	5-7 am	5- 7 am	5-7 am	5-7 am	5-7 am	Basketball 5-8 am	5-7 am	5-7 am	5-7 am	Basketball 5- 7:30 am	Adult Open Basketball	Adult Open Basketball		
7:00 AM						J- 6 alli			Intermediate/ Advanced		6-8 am	6-8 am	Adult Open	Adult Open
8:00 AM	Intermediate/ Advanced Adult	Intermediate/ Advanced Adult Pickleball	Intermediate Adult	Beginner/Low Intermediate Adult Pickleball	Intermediate/ Advanced Adult PB	Intermediate/ Advanced	Addit	Beginner/Low Intermediate Adult PB	Adult Pickleball 7-9:30 am	Intermediate Advanced Adult PB 7:30–9:30 am			Basketball 7-9:30 am	Basketball 7-9:30 am
9:00 AM	Pickleball 7-11 am	7-11 am	Pickleball 7-11 am	7-11 am	7-11 am	Adult PB 8 - 11 am	Pickleball 7-11 am	7-11 am	Beginner/Low	Beginner/Low				
10:00 AM			,a						Intermediate Adult PB 9:30- 11 am	Intermediate Adult PB 9:30-11 am	Youth Sports Programming 8 am- 4 pm	- Prourammunu I	Women's Basketball 50+ 9:30- 3 pm	Women's Basketball 50+ 9:30-4 pm
11:00 AM	Adult Pick Up Basketball 11-1:30 pm Adult Pick Up Volleyball 1:30- 4:00pm	Adult Pick Up Basketball 11-3 pm	Adult Pick Up 11-12 pm	PB Lessons (\$) 11-12 pm	Adult Pick Up Basketball 11- 1:30pm Adult Pick Up Volleyball 1:30- 4:00 pm	Adult Pick Up Basketball 11- 1 pm WBB 50+ 1- 2 pm	Adult Pick Up 11–12 pm	PB Lessons (\$) 11-12 pm	Adult Pick Up	Adult Pick Up				
12:00 PM			Men's Basketball (45+) 12-4 pm	Men's Basketball (45+) 12-3 pm			Men's	Men's Basketball (45+) 12-3 pm	Basketball 11-1:30 pm WBB 1-2 Adult Pick Up Volleyball 1:30-4 pm Basketball 11-1 WBB 1-2 Men's (45+) 2	Basketball 11–1 pm				
1:00 PM							Basketball (45+)			WBB 50+ 1-2 pm				
2:00 PM						Adult Pick Up 2– 3 pm	12-3 pm			Men's Bball (45+) 2-3 pm				
3:00 PM		PB Lessons (\$) 3– 5pm				PB Lessons (\$) 3– 4 pm	Family Open Play Basketball 3-4:00 pm	PB Lessons (\$) 3– 4pm		PB Lessons (\$) 3- 4 pm			Family PB 3-4:30 pm	
4:00 PM			r	PB Lessons (\$) 3-5pm					Open Play Basketball	Open Play Basketball	All Levels	All Levels	Family Open	Ome = Di-
5:00 PM									4- 5:30 pm	4- 5:30 pm	13+ Pickleball	Adult Pickleball 4:15-	Play Basketball	Open Play Basketball 4- 5:50 pm
6:00 PM	Sports	Sports	Sports	Sports	Sports	Sports	Sports	Sports	All Levels	All Levels	4:15- 5:50pm	5:50 pm	4:30- 5:50 pm	4- 5:50 pili
7:00 PM	Programming 4:00-8:50 pm	Sports Programming 5:00-8:50 pm	Programming 4:00- 8:50 pm	Sports Programming 5:00-8:50 pm	Programming 4:00- 8:50 pm	Programming 4:00- 8:50 pm	Programming 4:00- 8:50 pm	Programming 4:00-8:50 pm	Adult Pickleball		BASKETBALL COURT CLOSURES: 09/11/25 2:30PM-4PM			
8:00 PM											09/16/25			
9:00 PM											10/16/25 2:30PM -4PM 11/06/25 10AM-11:30AM			PM
									LI TIMES LABOU		1	11/14/25	2:30PM-4F	PM

10AM-11:30AM

11/18/25

CHILDREN ARE NOT ALLOWED IN THE COURTS DURING PICK UP GAMES | AGES 12 AND UNDER MUST BE ACCOMPANIED BY AN ADULT AT ALL TIMES | ADULT = 18+

AGES 13+ ARE ABLE TO USE THE COURTS DURING BASKETBALL OPEN PLAY WITHOUT ADULT PRESENT | TIME ALLOTED IS FOR SET-UP AND BREAKDOWN