MISSION VALLEY YMCA GYMNASIUM SCHEDULE - FALL

the	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
ž.	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2
5:00 AM	Adult Open Basketball	Adult Open Basketball	Adult Open Basketball	Adult Open Basketball	Adult Open Basketball	Adult Open	Adult Open Basketball	Adult Open Basketball	Adult Open Basketball	Adult Open				
6:00 AM	5-7 am	5- 7 am	5-7 am	5-7 am	5-7 am	Basketball 5-8 am	5-7 am	5- 7 am	5-7 am	Basketball 5- 7:30 am	Adult Open Basketball	Adult Open Basketball		
7:00 AM	Intermediate/ Advanced Adult Pickleball 7– 11 am	Intermediate/ Advanced Adult Pickleball 7- 11 am	Intermediate Adult Pickleball		Intermediate/ Advanced Adult PB 7- 11 am	<i>5</i> 6 a	Beginner/Low Intermediate Adult Pickleball 7- 11 am	Beginner/Low Intermediate Adult PB 7–11 am	Pickleball Advan 7-9:30 am 7:30-9:		6-8 am 6-8 am	Adult Open	Adult Open	
8:00 AM						Intermediate/ Advanced Adult PB 8 – 11 am				Intermediate Advanced Adult PB		Youth Sports Programming Basketball 8 am- 5 pm	Basketball	Basketball
9:00 AM										7:30-9:30 am Beginner/Low				
10:00 AM			7-11 am						Intermediate Adult PB 9:30-11 am	Intermediate Adult PB 9:30-11 am			Women's Basketball 50+ 9:30-3 pm	Women's Basketball 50+ 9:30-4 pm
11:00 AM	Adult Pick Up Basketball 11-1:30 pm Adult Pick Up Volleyball 1:30- 4:00pm	Adult Pick Up Basketball 11-3 pm	Adult Pick Up 11–12 pm	PB Lessons (\$) 11-12 pm		Adult Pick Up Basketball 11-1 pm	Adult Pick Up 11–12 pm	PB Lessons (\$) 11- 12 pm	Adult Pick Up	Adult Pick Up	Youth Sports Programming 8 am- 5 pm			
12:00 PM			Men's Basketball (45+) 12-4 pm	Men's Basketball (45+) 12-3 pm			Men's		Basketball 11-1:30 pm	Basketball 11-1 pm				
1:00 PM						WBB 50+ 1- 2 pm	Basketball (45+)			WBB 50+ 1-2 pm				
2:00 PM						Adult Pick Up 2– 3 pm	12-3 pm 12-3 pm	Adult Pick Up	Men's Bball (45+) 2-3 pm					
3:00 PM		PB Lessons (\$) 3– 5pm		PB Lessons (\$) 3- 5pm			Family Open Play Basketball 3- 4:00 pm	PB Lessons (\$) 3- 4pm		PB Lessons (\$) 3– 4 pm			Family PB 3-4:30 pm	
4:00 PM									Open Play Basketball 4-5:30 pm	Open Play Basketball		13+ Adult Pickleball 5:00 -	Family Open Play Basketball 4:30-5:50 pm	Open Play Basketball 4- 5:50 pm
5:00 PM										4- 5:30 pm				
	Sports Programming 4:00-8:50 pm	Sports Programming 5:00-8:50 pm	Sports Programming 4:00- 8:50 pm	Sports Programming 5:00–8:50 pm	Sports Programming 4:00- 8:50 pm	Sports Programming 4:00-8:50 pm	Sports Programming 4:00– 8:50 pm	Sports Programming 4:00- 8:50 pm		Adult 13+ Pickleball Pickleball 5:30- 5:30-	5:00-			
6:00 PM									Pickleball		5:50pm			
7:00 PM											BASKETBALL COURT CLOSURES: 09/11/25 2:30PM-4PM 09/16/25 10AM-11:30AM 09/25/25 10AM-11:30AM			
8:00 PM														
9:00 PM												10/16/25 11/06/25	2:30PM -4 10AM-11:	
CHILDRE	CHILDREN ARE NOT ALLOWED IN THE COURTS DURING PICK UP GAMES AGES 12 AND UNDER MUST BE ACCOMPANIED BY AN ADULT AT ALL TIMES ADULT = 18+											11/14/25 11/18/25	2:30PM-4I 10AM-11:	PM

CHILDREN ARE NOT ALLOWED IN THE COURTS DURING PICK UP GAMES | AGES 12 AND UNDER MUST BE ACCOMPANIED BY AN ADULT AT ALL TIMES | ADULT = 18
AGES 13+ ARE ABLE TO USE THE COURTS DURING BASKETBALL OPEN PLAY WITHOUT ADULT PRESENT | TIME ALLOTED IS FOR SET-UP AND BREAKDOWN