

OCTOBER 2025

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|------------------|---|---|---|---|---|------------------|
| | | | 1 6:00am-8:00am 11:00am-4:45pm | 2 6:00am-8:00am 11:00am-4:45pm | 3 6:00am-8:00am 11:00am-5:15pm | 4 CLOSED |
| 5 CLOSED | 6 6:00am-8:00am 11:00am-3:30pm | 7 6:00am-8:00am 11:00am-3:30pm | 8 6:00am-8:00am 11:00am-3:30pm | 9 6:00am-8:00am 11:00am-3:30pm | 10 6:00am-3:30pm | 11 CLOSED |
| 12 CLOSED | 13 6:00am-8:00am 11:00am-3:30pm | 14 6:00am-8:00am 11:00am-3:30pm | 15 6:00am-8:00am 11:00am-3:30pm | 16 6:00am-8:00am 11:00am-3:30pm | 17 6:00am-8:00am 11:00am-3:30pm | 18 CLOSED |
| 19 CLOSED | 20 6:00am-8:00am 11:00am-3:30pm | 21 6:00am-8:00am 11:00am-3:30pm | 22 6:00am-8:00am 11:00am-3:30pm | 23 6:00am-8:00am 11:00am-3:30pm | 24 6:00am-8:00am 11:00am-3:30pm | 25 CLOSED |
| 26 CLOSED | 27 6:00am-8:00am 11:00am-3:30pm | 28 6:00am-8:00am 11:00am-3:30pm | 29 6:00am-8:00am 11:00am-3:30pm | 30 6:00am-8:00am 11:00am-3:30pm | 31 6:00am-2:45pm | |
| | | * HALF COURT | | | | |

- Gym times are subject to change based on facility and Y programming needs.
- Los horarios del gimnasio están sujetos a cambios según las necesidades de la programación de la Y.