

POOL SCHEDULE

DAN MCKINNEY RECREATION POOL



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6AM	6am-9:15am Lap Swim (4)	6am-9:15am Lap Swim (4)	6am-9:15am Lap Swim (4)	6am-9:15am Lap Swim (4)	6am-9:15am Lap Swim (4)		
7AM						7-9:15am Lap Swim (4)	
8AM	8-8:50 Aqua Fit (1) Lap Swim (3)	8-8:50am Aqua Fit	8-8:50am Aqua Fit	8-8:50 Aqua Fit (1) Lap Swim (3)	8-8:50am Aqua Fit	8:10am-9:00am Aqua Fit	8-9:15am Lap Swim (4)
9AM	8:50-11am Lap Swim (4)	9:15-12pm Lap Swim (2) Lessons (2)	9:15-9:45am Lap Swim (2) Lessons (2)	8:50-10am Lap Swim (4)	9:15-9:45am Lap Swim (2) Lessons (2)	9:15am-12:45pm Lap Swim (1) Lessons (3) *No family swim during lessons*	8am-5pm Family Swim 9:15am-12pm Lap Swim (1) Lessons (3) 10-10:50am Aqua Zumba
10AM			11-11:50am Aqua Fit Lap Swim (4)	11-11:50am Aqua fit Lap Swim (4)			
11AM	12-3:30pm Lap Swim (4)		12-3pm Lap Swim (4)	12-3:30pm Lap Swim (4)	12-3pm Lap Swim (4)		
12PM	3:30-7pm Lap Swim (2) Lessons (2)	3-7pm Lap Swim (1) Lessons (3)	3:30-7pm Lap Swim (2) Lessons (2)	3-7pm Lap Swim (1) Lessons (3)	3:30-7pm Lap Swim (1) Lessons (3)		
1PM							
2PM							
3PM							
4PM							
5PM							
6PM							
7PM	7pm-8:30pm Lap Swim (4)	7pm-8:30pm Lap Swim (4)	7pm-8:30pm Lap Swim (4)	7pm-8:30pm Lap Swim (4)	7pm-7:30pm Lap Swim (4)		
8PM							

From:
OCTOBER 1-31

*Number of swimming lanes available in parentheses
During peak hours, family swim will have 10 minute
breaks at the top of every hour.

Family Swim Hours:

Monday - Thursday	9AM - 8:30PM
Friday	9AM - 7:30 PM
Saturday	11:30AM- 6 PM
Sunday	8AM - 5PM

Splash Pad Hours:

Mon-Thursday	8AM-8PM
Friday	8AM-7PM
Saturday	7AM - 6PM
Sunday	8AM - 5PM

RULES:

Children 13 and under MUST pass the swim test to swim without an adult.

An adult MUST be in the water with non-swimmers, within arms reach.

Adult to child ratio: If more than 1 child per 1 adult in the pool, the other children **MUST** pass the swim test or wear a USCG approved life vest.

Children 6 and under MUST be actively supervised in the water by an adult 16 years or older.

Children 7-12 MUST have adult supervision within the area, even if the swim test has been passed.

ADDITIONAL NOTES:

*Saturday family swim is only available after 11:30AM.

NO SWIM LESSONS- Oct 12th
due to scheduled power outage

POOL SCHEDULE

DAN MCKINNEY LAP POOL



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6AM	6am-7am Masters (4) Lap Swim (4)	6am-8am Lap Swim (8)	6am-7am Masters (4) Lap Swim (4)	6am-8am Lap Swim (8)	6am-7am Masters (4) Lap Swim (4)		
7AM	7am-4pm Lap Swim (8)		8am-9am Masters (5)		7am-4pm Lap Swim (8)	8am-9am Masters (5)	7am-8am Lap Swim (8)
8AM		9am-11:30am Lap Swim (8)		9am-5pm Lap Swim (8)			
9AM			11:30am-12:30pm *dates vary* Pre-Team(4) Lap Swim (4)			9am-5pm Lap Swim (8)	9am-11:30am Lap Swim (8)
10AM		12:30-6pm Lap Swim (8) October 25th 12pm-5pm only 2 Lap Lanes available CAF Swim		4pm-6:30pm Y-Swim Team (4) Lap Swim (4)			
11AM			4-6pm Y-Swim Team (5) Lap Swim (3)			5pm-8pm Y-Swim Team (4) Masters (2)	9am-5pm Lap Swim (8)
12PM		6-7pm Y-Swim Team (4) Masters (2)		6-7pm Y-Swim Team (4) Masters (2)			
1PM			7pm-8:30pm Lap Swim (8)			7pm-8:30pm Lap Swim (8)	5pm-8pm Y-Swim Team (4) Lap Swim (4)
2PM		8pm-8:30pm		8pm-8:30pm			
3PM	8pm-8:30pm		8pm-8:30pm		6:30pm-7:30pm Lap Swim (8)		
4PM		8pm-8:30pm		8pm-8:30pm		6:30pm-7:30pm Lap Swim (8)	
5PM	8pm-8:30pm		8pm-8:30pm		6:30pm-7:30pm Lap Swim (8)		
6PM		8pm-8:30pm		8pm-8:30pm		6:30pm-7:30pm Lap Swim (8)	
7PM	8pm-8:30pm		8pm-8:30pm		6:30pm-7:30pm Lap Swim (8)		
8PM		8pm-8:30pm		8pm-8:30pm		6:30pm-7:30pm Lap Swim (8)	

From:
OCTOBER 1-31

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breaks at the top of every hour.

Spa Hours*:

Monday - Thursday	6AM - 8:30PM
Friday	6AM - 7:30PM
Saturday	7AM - 6PM
Sunday	8AM - 5PM

Sauna Hours:

Monday - Thursday	6AM - 8:30PM
Friday	6AM - 7:30PM
Saturday	7AM - 6PM
Sunday	8AM - 5PM

CONTACTS:

Xavier Chavoya: Aquatics Coordinator
Email - xchavoya@ymcasd.org

Rebekah Mora: Aquatics Coordinator
Email - rmora1@ymcasd.org

Elise Sanzeri: Head Swim Coach
Email - esanzeri@ymcasd.org

ADDITIONAL NOTES:

For member safety the spa will be closed when baseball is being played at the field behind the spa.

October 25th

-only 2 lap lanes available from
12-5pm CAF Swim