



POOL CLOSURE

NOVEMBER 24 – DECEMBER 22

Please be advised that the pool at Cameron Family YMCA will be closed for deck resurfacing from November 24 through December 22. You are welcome to use the aquatics facilities at any YMCA of San Diego County branch.

We appreciate your patience and understanding as we work to improve our facility and enhance your member experience.

OPEN POOLS

Border View Family YMCA

Joe & Mary Mottino Family YMCA

John A. Davis Family YMCA

Jackie Robinson Family YMCA (until Dec 22)

ymcasd.org/cameron



CAMERON FAMILY YMCA LAP POOL SCHEDULE

Effective November 7th, 2025—March 2026

Select lanes will be reserved due to programming. Lap swim is available:
Monday—Friday: 5:30am — 7pm | **Saturdays:** 8:15am — 4:00pm | **Sundays:** 9:15pm—12:30pm

Limited family swim is offered in the lap pool throughout our facility hours,
please see lane reservations and our family swim rules listed below!

MONDAY 5:30am—7:00pm	TUESDAY 5:30am—7:00pm	WEDNESDAY 5:30am—7:00pm	THURSDAY 5:30am—7:00pm	FRIDAY 5:30am—7:00pm	SATURDAY 8:15am—4:00pm
Aqua Fit—YAA 7:20AM-8:35AM Lanes 8-10		Aqua Fit—DEEP 7:20AM-8:35AM Lanes 1-3		Aqua Fit—DEEP 7:20AM-8:35AM Lanes 1-3	Aqua Zumba 8:20AM—9:35AM Lanes 8-10
Aqua Fit—YAA 8:50AM—10:05AM Lanes 8—10	Aqua Fit— DEEP 8:50AM—10:05AM Lanes 1—3	Aqua Fit—YAA 8:50AM—10:05AM Lanes 8-10	Aqua Fit—DEEP 8:50AM—10:05AM Lanes 1-3	Aqua Fit 8:50AM—10:05AM Lanes 8-10	Swim Lessons 9:00am—12:35pm Lanes 1 & 8-10 (Limited Family Swim and Water Walking)
Family Swim available 10:15am-5:15pm	Family Swim available 10:15am-7:00pm	Family Swim available 10:15am-5:15pm	Family Swim available 10:15am-7:00pm	Family Swim available 10:15am-7:00pm	Water Walking & Lap & Family Swim 12:35pm—4:00pm
Aqua Fit 5:20pm—6:35pm Lanes 8—10 (Lap Pool, lanes 8-10)		Aqua Fit 5:20pm—6:35pm Lanes 8—10 (Lap Pool, lanes 8-10)			SUNDAY 9:15am—12:30pm
Swim Lessons 3:30pm—6pm Lanes 1 & Shallow end lanes 8-10 and Activity Pool	Swim Lessons 3:30pm—6pm Lanes 1 & Shallow end lanes 8-10 and Activity Pool	Swim Lessons Swim Lessons 3:30pm—6pm Lanes 1 & Shallow end lanes 8-10 and Activity Pool	Swim Lessons 3:30pm—6pm Lanes 1 & Shallow end lanes 8-10 and Activity Pool	Water Walking & Lap Swim available	
Tiger Sharks Swim Team Lanes 1—4 5pm-7pm	Tiger Sharks Swim Team Lanes 1—4 5pm-7pm	Tiger Sharks Swim Team Lanes 1—4 5pm-7pm	Tiger Sharks Swim Team Lanes 1—4 5pm-7pm	Tiger Sharks Swim Team Lanes 1—4 5pm-7pm	Water Walking & Lap & Family Swim 9:15am—12:30pm

Please note that due to programming, select lanes are reserved. Our Tiger Sharks swim team uses Lanes 1—4 from 5:00pm to 7:00pm Monday—Friday, while Lanes 4, and Lanes 8-10 will be used for swim lessons. Limited family swim is available for our members, please see the swim rules listed below.

Know Before You Go Swimming in the Lap Pool:

- Swimmers are encouraged to share lanes if the pool is busy and circle swim with up to four swimmers per lane.
- Water Group Exercise classes are scheduled 10mins prior to the class start time to allow Lifeguards to move lane lines and staff to prepare for their class.
- Families utilizing Family Swim must remain in proper ratio of one adult to one child. Children must pass a swim test or wear a lifejacket and remain within arms reach of the adult while swimming. Children under the age of 6years old must have a parent in the water with them at all times. Waterproof swim diapers are required for any child not yet potty trained.
- Our shallow lanes, lanes 8-10, are used for swim lessons Monday-Thursday from 3:30pm-6:30pm. We kindly ask all swimmers and water walkers to ensure enough space and room for our program participants.
- Please sign up for our text alerts for closures, special reservations, and updates!

*Lap pool lane schedule and availability are subject to change at anytime.

Hours of Operation:

Monday: 5:30am—7:00pm
Tuesday: 5:30am—7:00pm
Wednesday: 5:30am—7:00pm
Thursday: 5:30am—7:00pm
Friday: 5:30am—7:00pm
Saturday: 8:15am—4:00pm
Sunday: 9:15am—12:30pm

Pool Prices

Members: FREE

Santee Residents: \$4
per person/per session
*proof of residency is required.

Non-Santee Residents: \$15
per person/per session