



RYAN FAMILY YMCA

Basketball Gym Program Schedule | March 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Open Gym: 8:00-3:00pm	2 Pickleball: 8:30-10:00 am Forever Fit:10:00-10:50 am Enhance Fitness: 11:15-12:15 pm Youth Sports: 4:00-9:00	3 Group x: 7:00-7:50 am Preschool Sports : 10:00-11:00 am Youth Sports 4:00-9:00 pm	4 Pickleball: 8:30-10:00 am Preschool Sports: 10:15-11:00 am Sports Programs: 4:00-8:00 pm	5 (Operating Hours: 7:00-1:00 pm) Group x: 7:00-7:50 am	6 Group x: 8:00-8:50 am Pickleball: 9:00-9:50 am Forever Fit:10:00-10:50 am Enhance Fitness:11:15-12:15pm Youth Sports: 4:00-7:00 pm	7 Youth Sports 7:00-5:00 pm
8 Open Gym: 8:00-3:00 pm	9 Pickleball: 8:30-10:00 am Forever Fit:10:00-10:50 am Enhance Fitness: 11:15-12:15 pm Youth Sports: 4:00-9:00 pm	10 Group x: 7:00-7:50 am Preschool Sports : 10:00-11:00 am Youth Sports 4:00-9:00 pm	11 Pickleball: 8:30-10:00 am Preschool Sports: 10:15-11:00 am Sports Programs: 4:00-8:00 pm	12 Group x: 7:00-7:50 am Youth Sports 4:00-8:00 pm	13 Group x: 8:00-8:50 am Pickleball: 9:00-9:50 am Forever Fit:10:00-10:50 am Enhance Fitness:11:15-12:15pm Youth Sports: 4:00-7:00 pm	14 Youth Sports: 7:00-5:00 pm
15 Open Gym: 8:00-3:00 pm	16 Pickleball: 8:30-10:00 am Forever Fit:10:00-10:50 am Enhance Fitness: 11:15-12:15 pm Youth Sports: 4:00-9:00 pm	17 Group x: 7:00-7:50 am Preschool Sports : 10:00-11:00 am Youth Sports 4:00-9:00 pm	18 Pickleball: 8:30-10:00 am Preschool Sports: 10:15-11:00 am Sports Programs: 4:00-8:00 pm	19 Group x: 7:00-7:50 am Youth Sports 4:00-8:00 pm	20 Group x: 8:00-8:50 am Pickleball: 9:00-9:50 am Forever Fit:10:00-10:50 am Enhance Fitness:11:15-12:15pm Youth Sports: 4:00-7:00 pm	21 Youth Sports: 7:00-5:00 pm
22 Open Gym: 8:00-3:00 pm	23 Pickleball: 8:30-10:00 am Forever Fit:10:00-10:50 am Enhance Fitness: 11:15-12:15 pm Youth Sports: 4:00-9:00 pm	24 Group x: 7:00-7:50 am Preschool Sports : 10:00-11:00 am Youth Sports 4:00-9:00 pm	25 Pickleball: 8:30-10:00 am Preschool Sports: 10:15-11:00 am Sports Programs: 4:00-8:00 pm	26 Group x: 7:00-7:50 am Youth Sports 4:00-8:00 pm	27 Group x: 8:00-8:50 am Pickleball: 9:00-9:50 am Forever Fit:10:00-10:50 am Enhance Fitness:11:15-12:15pm Youth Sports: 4:00-7:00 pm	28 Youth Sports: 7:00-5:00 pm
29 Open Gym: 8:00-3:00 pm	30 Pickleball: 8:30-10:00 am Forever Fit:10:00-10:50 am Enhance Fitness: 11:15-12:15 pm Youth Sports: 4:00-9:00 pm	31 Group x: 7:00-7:50 am Preschool Sports : 10:00-11:00 am Youth Sports 4:00-9:00 pm	1 Pickleball: 8:30-10:00 am Preschool Sports: 10:15-11:00 am Sports Programs: 4:00-8:00 pm	2 Group x: 7:00-7:50 am Youth Sports 4:00-8:00 pm	3 Group x: 8:00-8:50 am Pickleball: 9:00-9:50 am Forever Fit:10:00-10:50 am Enhance Fitness:11:15-12:15pm Youth Sports: 4:00-7:00 pm	4 Youth Sports: 7:00-5:00 pm

All times are subject to change. For more information or to confirm times, please call our branch at 619-226-8888.

Normal Operating Hours: M-F 5:30am-9:00pm, SAT 7:00am-5:00pm, & SUN 8:00am-3:00pm



RYAN FAMILY YMCA OPEN GYM SCHEDULE | March 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 8:00-3:00 pm	2 5:30-8:30 am 12:30-4:00 pm	3 5:30-7:00 am 8:00-10:00 am 11:30-4:00 pm	4 5:30-8:30 am 12:30-3:00 pm	5 5:30-7:00 am 8:00-4:00 pm	6 5:30-8:00 am 12:30-4:00 pm 7:00-9:00 pm	7 Closed
8 8:00-3:00 pm	9 5:30-8:30 am 12:30-4:00 pm	10 5:30-7:00 am 8:00-10:00 am 11:30-4:00 pm	11 5:30-8:30 am 12:30-3:00 pm	12 5:30-7:00 am 8:00-4:00 pm	13 5:30-8:00 am 12:30-4:00 pm 7:00-9:00 pm	14 Closed
15 8:00-3:00 pm	16 5:30-8:30 am 12:30-4:00 pm	17 5:30-7:00 am 8:00-10:00 am 11:30-4:00 pm	18 5:30-8:30 am 12:30-3:00 pm	19 5:30-7:00 am 8:00-4:00 pm	20 5:30-8:00 am 12:30-4:00 pm 7:00-9:00 pm	21 Closed
22 8:00-3:00 pm	23 5:30-8:30 am 12:30-4:00 pm	24 5:30-7:00 am 8:00-10:00 am 11:30-4:00 pm	25 5:30-8:30 am 12:30-3:00 pm	26 5:30-7:00 am 8:00-4:00 pm	27 5:30-8:00 am 12:30-4:00 pm 7:00-9:00 pm	28 Closed
29 8:00-3:00 pm	30 5:30-8:30 am 12:30-4:00 pm	31 5:30-7:00 am 8:00-10:00 am 11:30-4:00 pm	1 5:30-8:30 am 12:30-3:00 pm	2 5:30-7:00 am 8:00-4:00 pm 8:00-9:00 pm	3 5:30-8:00 am 12:30-4:00 pm 7:00-9:00 pm	4 Closed

All times are subject to change. For more information or to confirm times, please call our branch at 619-226-8888.

Normal Operating Hours: M-F 5:30am-9:00 pm, SAT 7:00am-5:00 pm, & SUN 8:00am-3:00 pm