



Davis FAMILY YMCA

LAP POOL SCHEDULE

Effective: November 24th –December 22nd

MONDAY 6:00am—12:00 3:00pm—6:00pm	TUESDAY 6:00am—12:00 3:00pm—6:00pm	WEDNESDAY 6:00am—12:00 3:00pm—6:00pm	THURSDAY 6:00am—12:00 3:00pm—6:00pm	FRIDAY 6:00am—12:00 3:00pm—6:00pm	SATURDAY 8am—1pm
Lap Swim 6:00am—10:00am	Lap Swim 6:00am—9:00am	Lap Swim 6:00am—10:00am	Lap Swim 6:00am—9:00am	Lap Swim 6:00am—10:00am	Lap Swim 8am—10:00am
Aqua Fit 10:00AM-11AM All Lanes	Aqua Fit 9:00AM-10:00AM All Lanes 10:00AM-11:00AM All Lanes	Aqua Fit 10:00AM-11AM All Lanes	Aqua Fit 9:00AM-10:00AM All Lanes 10:00AM-11:00AM All Lanes	Aqua Fit 10:00AM-11AM All Lanes	Swim Lessons 10:00am—1pm Lanes 1 & 2
Lap Swim 11:00am—12:00pm	Lap Swim 11:00am—12:00pm	Lap Swim 11:00am—12:00pm	Lap Swim 11:00am—12:00pm	Lap Swim 11:00am—12:00pm	Lap Swim 10:00am-1pm Lanes 3—5
POOL CLOSED 12:00 PM— 3:00PM	POOL CLOSED 12:00 PM— 3:00PM	POOL CLOSED 12:00 PM— 3:00PM	POOL CLOSED 12:00 PM— 3:00PM	POOL CLOSED 12:00 PM— 3:00PM	SUNDAY Closed
Swim Lessons 3:30pm—6pm Lanes 1 & 2	Swim Lessons 3:30pm—6pm Lanes 1 & 2	Swim Lessons 3:30pm—6pm Lanes 1 & 2	Swim Lessons 3:30pm—6pm Lanes 1 & 2	Swim Lessons 3:30pm—6pm Lanes 1 & 2	
Lap Swim 3:00pm—5:00pm Lanes 3-5	Lap Swim 3:00pm—5:00pm Lanes 3-5	Lap Swim 3:00pm—5:00pm Lanes 3-5	Lap Swim 3:00pm—5:00pm Lanes 3-5	Lap Swim 3:00pm—5:00pm Lanes 3-5	
Lap Swim 5:00pm—6:00PM 1 Lane	Lap Swim 5:00pm—6:00PM 1 Lane	Lap Swim 5:00pm—6:00PM 1 Lane	Lap Swim 5:00pm—6:00PM 1 Lane	Lap Swim 5:00pm—6:00PM 1 Lane	
POOL CLOSED FOR MEMBERS 6:00PM	POOL CLOSED FOR MEMBERS 6:00PM	POOL CLOSED FOR MEMBERS 6:00PM	POOL CLOSED FOR MEMBERS 6:00PM	POOL CLOSED FOR MEMBERS 6:00PM	
Swim Team 5:00pm—7 :00PM	Swim Team 5:00pm—7 :00PM	Swim Team 5:00pm—7 :00PM	Swim Team 5:00pm—7 :00PM	Swim Team 5:00pm—7 :00PM	

Know Before You Go Swimming in the Lap Pool:

- Swimmers are encouraged to share lanes if the pool is busy and circle swim with up to four swimmers per lane.
- Water Group Exercise classes are scheduled 10mins prior to the class start time to allow Lifeguards to move lane lines and staff to prepare for their class.
- Families utilizing Family Swim must remain in proper ratio of one adult to one child. Children must pass a swim test or wear a lifejacket and remain within arms reach of the adult while swimming. Children under the age of 6years old must have a parent in the water with them at all times. Waterproof swim diapers are required for any child not yet potty trained.
- Please sign up for our text alerts for closures, special reservations, and updates!

*Lap pool lane schedule and availability are subject to change at anytime.