



MISSION: We nurture a healthy spirit, mind, and body so all can thrive while honoring our faith-based heritage.

VISION: To be the catalyst to transform lives and communities.



2026 ANNUAL CAMPAIGN RANCHO FAMILY YMCA

The Annual Campaign moves our mission forward
TO ENSURE ACCESS FOR ALL.

OUR IMPACT

Our Y impacted the lives of

17,480
individuals



COMMUNITY NEED

\$195,000 to provide equitable access to
YMCA memberships, programs, and services.



KEY STRATEGIC PRIORITIES

HEALTH EQUITY

MENTAL HEALTH

POSITIVE YOUTH DEVELOPMENT

TESTIMONIAL

The Rancho Family YMCA gave our family the stability, support, and sense of belonging we had been searching for. As foreigners and parents of a child with special needs, seeing both children thrive socially and emotionally means everything to us. We are deeply thankful for the YMCA's commitment to inclusion.

Thank you!

Le



CREATING HEALTH EQUITY

Our LiveStrong

132

cancer survivors

to find normalcy, support, and wellness

SUPPORTING MENTAL HEALTH

674

seniors

received subsidized memberships
thanks to your generous donations

POSITIVE YOUTH DEVELOPMENT

208 youth

participated in our Swim, Gymnastics, and Day Camp programs through our Adaptive services, where the Y provides 1 on 1 support for youth with mental and physical disabilities to inspire resilience, dependence, curiosity and growth.

YOUR SUPPORT MATTERS
ymacasd.org/ranchogive

**GIVE.
VOLUNTEER.
SHARE.**



SCAN QR CODE



INVESTING IN OUR COMMUNITY RANCHO FAMILY YMCA

WAVES OF IMPACT



Through generous donations to our Annual Campaign, we are able to give every individual the Y experience, regardless of their ability to pay.

When you give to the Y, you are making an investment in our community and giving those in need the opportunity to thrive.

**1 IN 10
PEOPLE**
that live in
San Diego
live in poverty

Our Y ensures
**ACCESS
FOR ALL**
regardless of
ability to pay

Rancho Family YMCA
provided
7,450
touchpoints for
scholarship and services

STORY OF IMPACT

My name is Ilana, I've been a previous member of the Y, and recently rejoined with the availability of the changes of my insurance back to Silver and Fit! I joined several years ago, and when I left for a few months I missed the fellowship and extensive opportunities of health enhancements offered by the Y! So you can imagine how I'm relieved and happy to rejoin my routine that was so appreciated with my prior experience with the Y!

I'm now looking forward to growing with the new opportunities available at the Y!



**YOUR
GIFT
CHANGES
LIVES**

\$100 Teach Lifesaving Skills to A Child – Will provide a child with a month of swim lessons that equips them with essential water-safety skills and lasting confidence.

\$500 Give a Child a Summer That Changes Everything – one child to 1 week of our Adaptive Camp Program, supporting youth with behavioral or developmental needs. With one-on-one support as needed, campers participate at their own pace, build confidence, learn new skills, make friends, and create lifelong memories in a safe, fun environment.

\$1,000 Restore Strength and Hope for 30 Survivors

Your gift provides a cancer survivor with the LIVESTRONG® program and a year of YMCA membership, supporting their physical recovery and emotional healing in a caring community

\$5,000 Ignite a Child's Gymnastics Dream.

Your contribution enables one young athlete to join the YMCA gymnastics team and compete in all gymnastics meets where they will build confidence, discipline, and lifelong friendships.



The Need is greater than ever!
\$468,917 in Scholarships was given to all who needed help in the community of Rancho Penasquitos and surrounding areas in 2025

**YOUR
SUPPORT
MATTERS**
ymacasd.org/ranchogive