



MISSION: We nurture a healthy spirit, mind, and body so all can thrive while honoring our faith-based heritage.

VISION: To be the catalyst to transform lives and communities.

WAVES OF IMPACT

2026 ANNUAL CAMPAIGN TOBY WELLS YMCA

The Annual Campaign moves our mission forward
TO ENSURE ACCESS FOR ALL.

OUR IMPACT

Our Y impacted the lives of

31,004
individuals



COMMUNITY NEED

\$184,000 to provide equitable access to YMCA memberships, programs, and services.



KEY STRATEGIC PRIORITIES

HEALTH EQUITY

MENTAL HEALTH

POSITIVE YOUTH DEVELOPMENT

TESTIMONIAL

For Bill and his son Joseph, the YMCA's Teens in Motion program has been life-changing. Joseph, who has autism, has been part of the program for more than half his life, and it has become a place where he thrives. Whether he's building friendships, learning life skills, or enjoying fun experiences, Teens in Motion is all Joseph ever talks about. For Bill, the program provides peace of mind, knowing his son is safe, supported, and engaged in a community that truly cares. The impact has been profound for both of them, and they couldn't be more grateful for the difference Teens in Motion has made in their lives.



CREATING HEALTH EQUITY

128
seniors

received financial assistance, creating a sense of belonging and combating senior isolation.

SUPPORTING MENTAL HEALTH

1 in 4
who walk through our door

receive scholarship, enabling them to nurture their mind, body and spirit.

POSITIVE YOUTH DEVELOPMENT

19,301
youth supported

in day camps, swim lessons, child care, sports and gymnastics.

YOUR SUPPORT MATTERS
ymcasd.org/tobywellsgive

**GIVE.
VOLUNTEER.
SHARE.**



SCAN QR CODE



INVESTING IN OUR COMMUNITY

TOBY WELLS YMCA

WAVES OF IMPACT



Through generous donations to our Annual Campaign, we are able to give every individual the Y experience, regardless of their ability to pay.

When you give to the Y, you are making an investment in our community and giving those in need the opportunity to thrive.

**1 IN 10
PEOPLE**
that live in
San Diego
live in poverty

Our Y ensures
ACCESS FOR ALL
regardless of
ability to pay

Toby Wells YMCA
provided
12,521
scholarships
ensuring
access for ALL

STORY OF IMPACT

"My name is Bridget, at 50, I found myself in a difficult season, struggling with an eating disorder, stepping away from my career to help raise my grandson. I felt lost.

That changed the day I stumbled upon the free Healthy Kids Day at Toby Wells YMCA. My grandson and I had such a wonderful time that I instantly felt a connection to the Y. My daughter and I became members the next day.

I had never been to a gym before, the welcoming environment and supportive programs—especially Child Watch, gave me the help I needed as a full-time grandma and allowed me to finally focus on my own wellbeing. As my grandson joined soccer, swim lessons, gymnastics, and later preschool, I slowly built confidence in the fitness center. Meeting Emily, a personal trainer, was a turning point. She guided me with patience and kindness, helping me rebuild my strength and rewrite my relationship with food and movement.

With the Y's encouragement, I became a fitness coach and am now working toward becoming a personal trainer. The support, friendships, and life changing lessons I've found here are the reasons "Y" I continue to grow—and give back."

Bridget



**YOUR
GIFT
CHANGES
LIVES**

\$50	provides a child with a month of life-saving swim lessons.
\$100	provides three months of monthly membership to the Toby Wells YMCA.
\$250	provides two cancer survivors the opportunity to participate in LIVEStrong.
\$500	provides a child with a week of Day Camp.
\$1,000	supports a senior with a year of membership through our YMCA Active Adult (YAA) program.

Distributed
\$677,444
in scholarships
and subsidies
to families, teens, seniors,
and children who needed us most.

Provided
178
life-saving
swim lessons
through scholarships
last year.

3,402
youth
received scholarship last
year, allowing children from all
walks of life to be able to reap
the benefits of the Y.