



**MISSION:** We nurture a healthy spirit, mind, and body so all can thrive while honoring our faith-based heritage.

**VISION:** To be the catalyst to transform lives and communities.

# WAVES OF IMPACT

## 2026 ANNUAL CAMPAIGN TOBY WELLS YMCA

The Annual Campaign moves our mission forward  
**TO ENSURE ACCESS FOR ALL.**

### OUR IMPACT

Our Y impacted the lives of

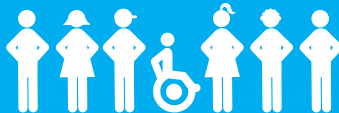
**31,004**  
individuals



### COMMUNITY NEED

**\$184,000 to provide  
equitable access to**

YMCA memberships, programs, and services.



### KEY STRATEGIC PRIORITIES

HEALTH EQUITY

MENTAL HEALTH

POSITIVE YOUTH  
DEVELOPMENT

### TESTIMONIAL

For Bill and his son Joseph, the YMCA's Teens in Motion program has been life-changing. Joseph, who has autism, has been part of the program for more than half his life, and it has become a place where he thrives. Whether he's building friendships, learning life skills, or enjoying fun experiences, Teens in Motion is all Joseph ever talks about. For Bill, the program provides peace of mind, knowing his son is safe, supported, and engaged in a community that truly cares. The impact has been profound for both of them, and they couldn't be more grateful for the difference Teens in Motion has made in their lives.



### CREATING HEALTH EQUITY

**128**  
seniors

received financial assistance, creating  
a sense of belonging and combating  
senior isolation.

### SUPPORTING MENTAL HEALTH

**1 in 4**  
who walk through our door

receive scholarship,  
enabling them to nurture their  
mind, body and spirit.

### POSITIVE YOUTH DEVELOPMENT

**19,301**  
youth supported

in day camps, swim lessons,  
child care, sports  
and gymnastics.

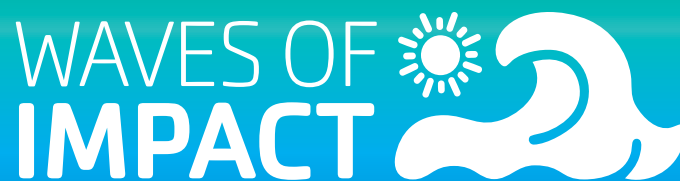
**YOUR SUPPORT MATTERS**  
[ymcasd.org/tobywellsgive](https://ymcasd.org/tobywellsgive)

**GIVE.  
VOLUNTEER.  
SHARE.**



# INVESTING IN OUR COMMUNITY

## TOBY WELLS YMCA



Through generous donations to our Annual Campaign, we are able to give every individual the Y experience, regardless of their ability to pay.

When you give to the Y, you are making an investment in our community and giving those in need the opportunity to thrive.

**1 IN 10  
PEOPLE**  
that live in  
San Diego  
live in poverty

Our Y ensures  
**ACCESS  
FOR ALL**  
regardless of  
ability to pay

Toby Wells YMCA  
provided  
**12,521**  
scholarships  
ensuring  
access for ALL

### STORY OF IMPACT

"My name is Bridget, at 50, I found myself in a difficult season, struggling with an eating disorder, stepping away from my career to help raise my grandson. I felt lost.

That changed the day I stumbled upon the free Healthy Kids Day at Toby Wells YMCA. My grandson and I had such a wonderful time that I instantly felt a connection to the Y. My daughter and I became members the next day.

I had never been to a gym before, the welcoming environment and supportive programs—especially Child Watch, gave me the help I needed as a full-time grandma and allowed me to finally focus on my own wellbeing. As my grandson joined soccer, swim lessons, gymnastics, and later preschool, I slowly built confidence in the fitness center.

Meeting Emily, a personal trainer, was a turning point. She guided me with patience and kindness, helping me rebuild my strength and rewrite my relationship with food and movement.

With the Y's encouragement, I became a fitness coach and am now working toward becoming a personal trainer. The support, friendships, and life changing lessons I've found here are the reasons "Y" I continue to grow—and give back."

Bridget



**YOUR  
GIFT  
CHANGES  
LIVES**

**\$50**

provides a child with a month of life-saving swim lessons.

**\$100**

provides three months of monthly membership to the Toby Wells YMCA.

**\$250**

provides two cancer survivors the opportunity to participate in LIVESTrong.

**\$500**

provides a child with a week of Day Camp.

**\$1,000**

supports a senior with a year of membership through our YMCA Active Adult (YAA) program.

Distributed  
**\$677,444**  
in scholarships  
and subsidies  
to families, teens, seniors,  
and children who needed us most.

Provided  
**178**  
life-saving  
swim lessons  
through scholarships  
last year.

**3,402**  
youth  
received scholarship last  
year, allowing children from all  
walks of life to be able to reap  
the benefits of the Y.