

LEADING WITH **PURPOSE,** INSPIRING **UNITY**



YMCA OF SAN DIEGO COUNTY
**COMMUNITY
WELL-BEING
& BELONGING**

YMCA OF SAN DIEGO COUNTY

2024 - 2025 **ANNUAL REPORT**



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LEADING WITH PURPOSE, INSPIRING UNITY

On behalf of those who rely on, partner with, volunteer for, donate to, and work for the YMCA of San Diego County, we are honored to share our fiscal year 2024-25 Annual Report. This year reflects our unwavering dedication to empowering individuals and strengthening communities. Thanks to your support, we have embraced new challenges and celebrated meaningful progress. Explore stories, programs, and milestones that highlight the collective impact of our mission. None of this would be possible without the generosity and commitment of supporters like you. Be sure to watch a special message from Todd Tibbits, our President and CEO, as we celebrate these achievements together.

Sincerely,



Todd Tibbits
President and CEO | YMCA OF SAN DIEGO COUNTY



VIEW VIDEO
HERE!



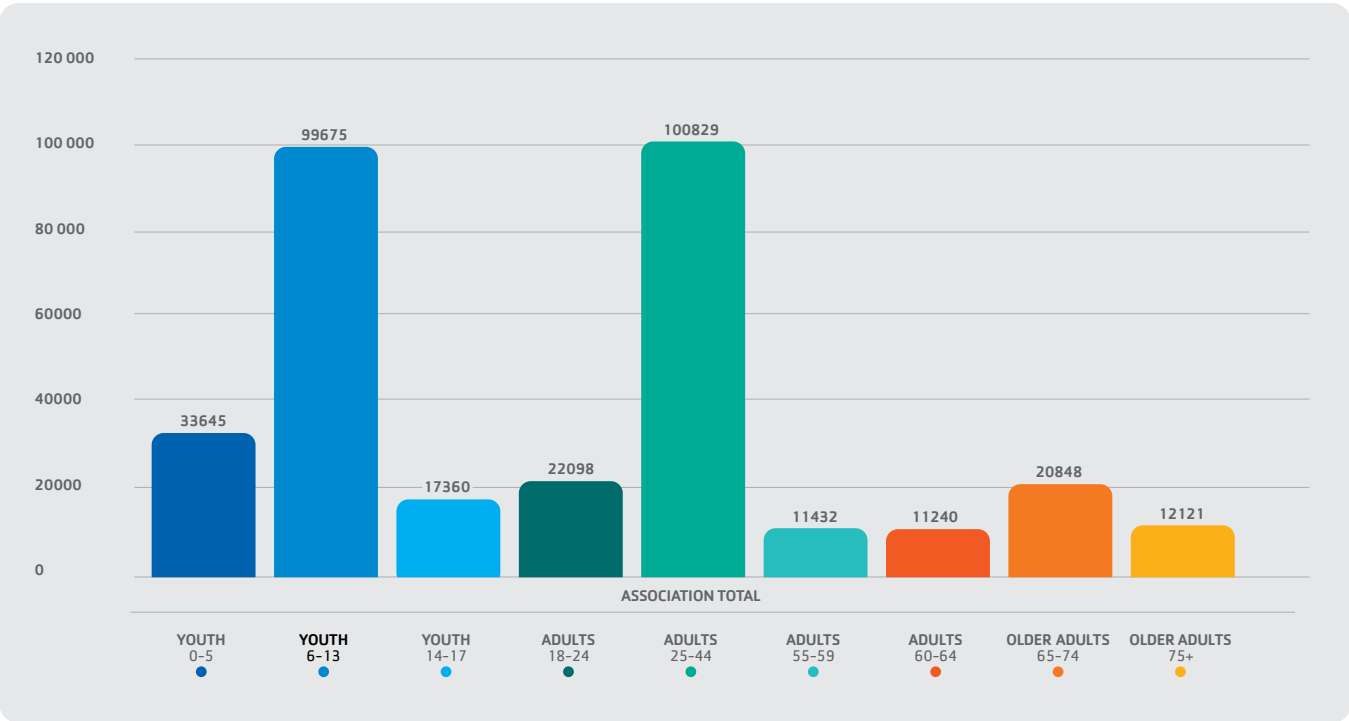
INCREASING OUR REACH, RESOURCES AND IMPACT

553,494 WELL-BEING TOUCHPOINTS

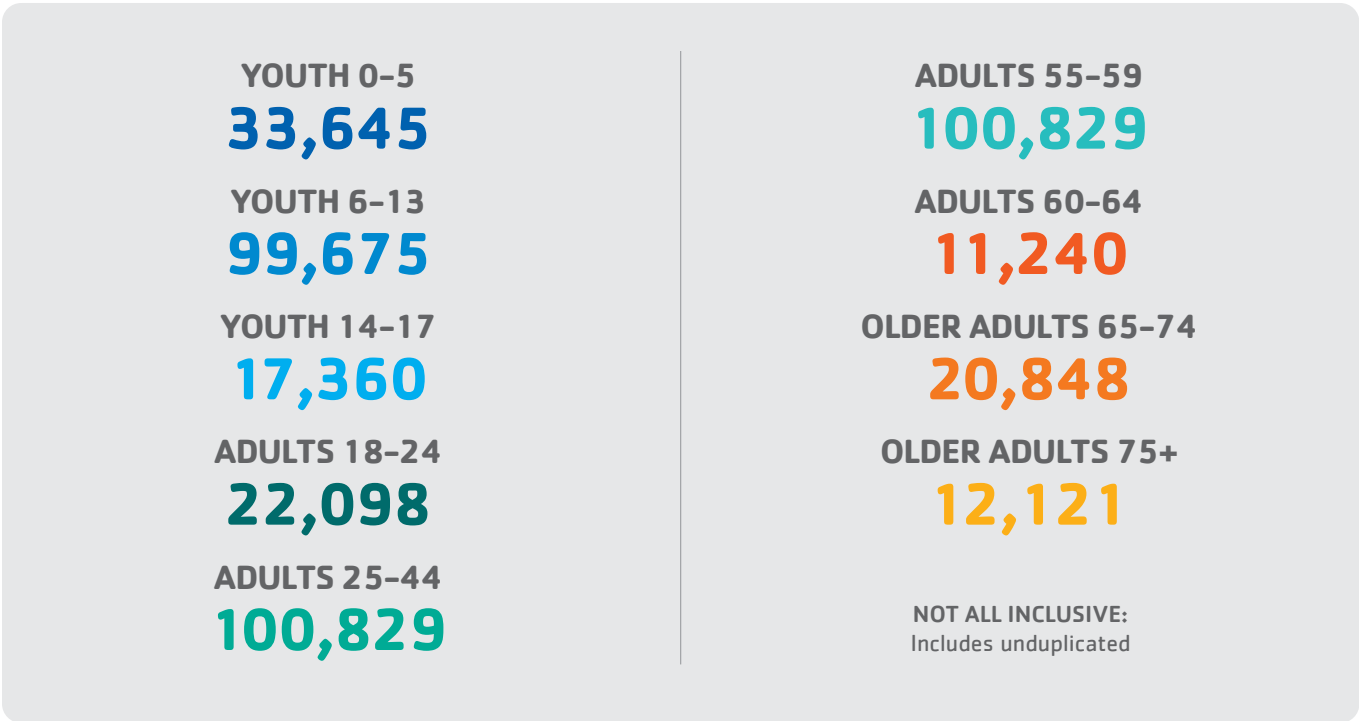
MISSION ADVANCEMENT

At the YMCA of San Diego County, we are driven by purpose and the power of community through our mission-driven programs and services. For the year ending June 30, 2025, our Y impacted the lives of 340,496 individuals, with an astonishing 553,494 personal well-being touchpoints. As the largest YMCA in the nation, we proudly reach nearly 11% of San Diego County’s population, fostering a healthier and more connected community. Together, we remain committed to nurturing hope, resilience, and the potential of every individual.

PEOPLE SERVED BY AGES & STAGES OF LIFE



AGE RANGE & ASSOCIATION TOTAL



ENGAGED AT THE Y THROUGH

MEMBERSHIP AND PROGRAM:
445,005*

OVERNIGHT CAMP:
12,617*

CHILD CARE RESOURCE SERVICE:
53,888*

YOUTH AND FAMILY SERVICES:
15,443**

EXPANDED LEARNING PROGRAM:
19,611**

*Some duplicates may occur between branches, Overnight Camp and Community Support Services.
**Non-duplicated.

STORIES OF **IMPACT**



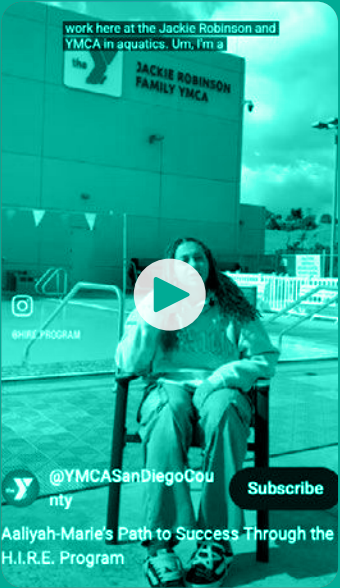
Adele’s Story with LiveStrong at the YMCA



Surf’s Up Wednesday



Aaliyah and the HIRE program



Preschools at YMCA of San Diego County



Doug’s YMCA Journey



Angela’s fight against diabetes



Copley-Price Day Camp Thank You Video



McGrath Lifeguards Saves Life



STORIES OF **IMPACT**



United Nations

Unlock the Future” coalition,
1 of 2 Y’s globally invited
to collaborate.

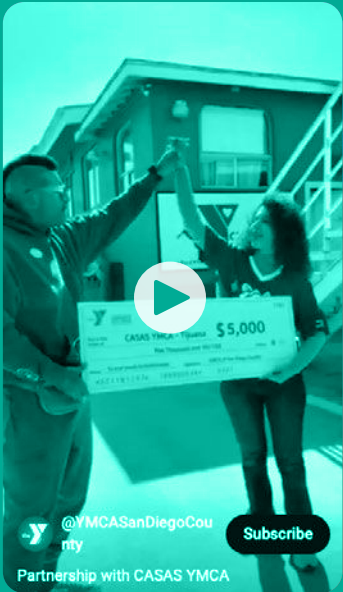


Solidarity Journey

Step by step, we can end
youth homelessness.



Partnership with CASAS YMCA



Public Health Forum

on Healing & Advocacy in
response to the Tijuana
Watershed Pollution Crisis.



GIFTS THAT GIVE YOU BACK

Our team, volunteers, and donors are committed to addressing San Diego’s most pressing needs. This past year, we raised **\$8.3 million** for scholarships and subsidized programs – **111% of our goal!** Thanks to our generous “Y village,” we provided **88,681 individuals** with resources and opportunities in need of scholarship or subsidized services. Looking ahead, we will continue fostering a supportive environment and building a stronger, healthier San Diego.

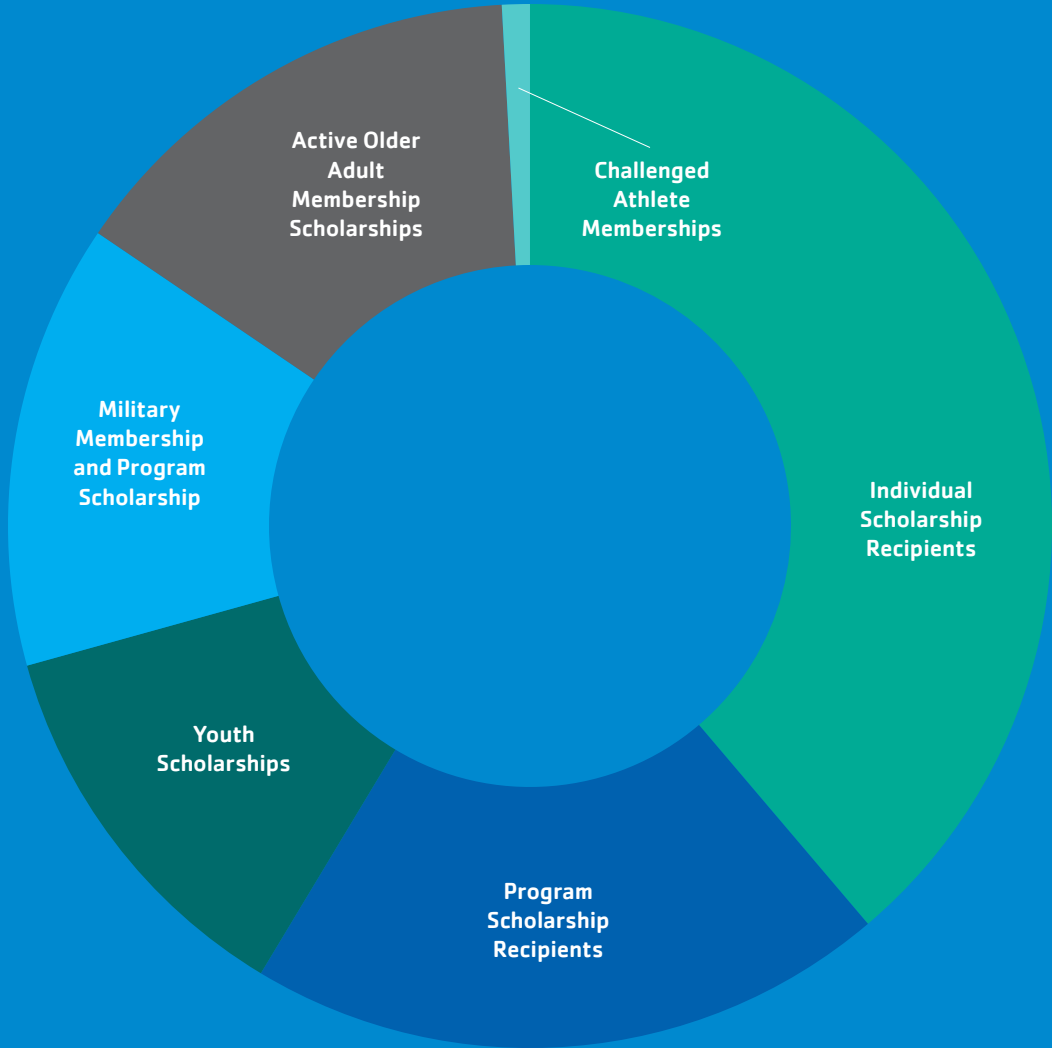
LEARN MORE ABOUT WAYS TO GIVE A MEANINGFUL GIFT!
ymcasd.org/give



LEARN MORE!



SCHOLARSHIP HIGHLIGHTS



- Total number of touchpoints for scholarship and subsidized services:
171,698*
- Number of membership and program scholarship recipients:
88,681
- Youth scholarships (0-17):
51,548
- Number of military membership and program scholarship recipients:
62,490
- Number of active older adult membership scholarships
3,122
- Number of Challenged Athlete memberships
608

* Some duplicates may occur due to cross program participation.

OUR COMMITMENT TO POSITIVE YOUTH DEVELOPMENT





the

THE SUPER SIX OF PYD

POSITIVE YOUTH DEVELOPMENT

- Engage Authentically
- Promote Peer Bonds
- Challenge Growth
- Expand Interest
- Manage Goals
- Share Power

Amid a growing crisis in youth emotional well-being, the YMCA of San Diego County is deeply committed to the transformative Positive Youth Development (PYD) approach. PYD surrounds young people with supportive relationships, enriching experiences, and nurturing environments, creating a strong foundation for them to grow, build meaningful connections, and realize their full potential.



LEARN MORE!



KEY STRATEGIC PRIORITIES

Leading the Way Where It's Needed Most



THEORY OF CHANGE

COMMUNITY WELL-BEING AT THE Y

happens when everyone has access to basic needs and supportive resources that lead to a healthy, connected, and fulfilling life.

WE KNOW...



When resources and opportunities are not available to all, it affects the health and well-being of our entire community

Community members face stress due to mental, physical, financial, and social circumstances

Staff and volunteers face the same challenges as our community and play a vital role in addressing them

Youth are navigating a growing crisis of emotional well-being that threatens their future potential

THAT'S WHY WE...



Partner with communities to listen, respond with relevant support, and demonstrate social responsibility that leads to meaningful, long term impact.

Offer a range of programs and pathways for every stage of life, addressing the key factors that impact health and well-being

Invest in and prioritize the well-being and growth of our staff and volunteer teams

Use a Positive Youth Development approach, alongside parents and caregivers, that surrounds youth with supportive relationships, experiences, and environments

SO THAT...



Communities are healthy, vibrant, and connected, thriving with the resources and opportunities they need to succeed

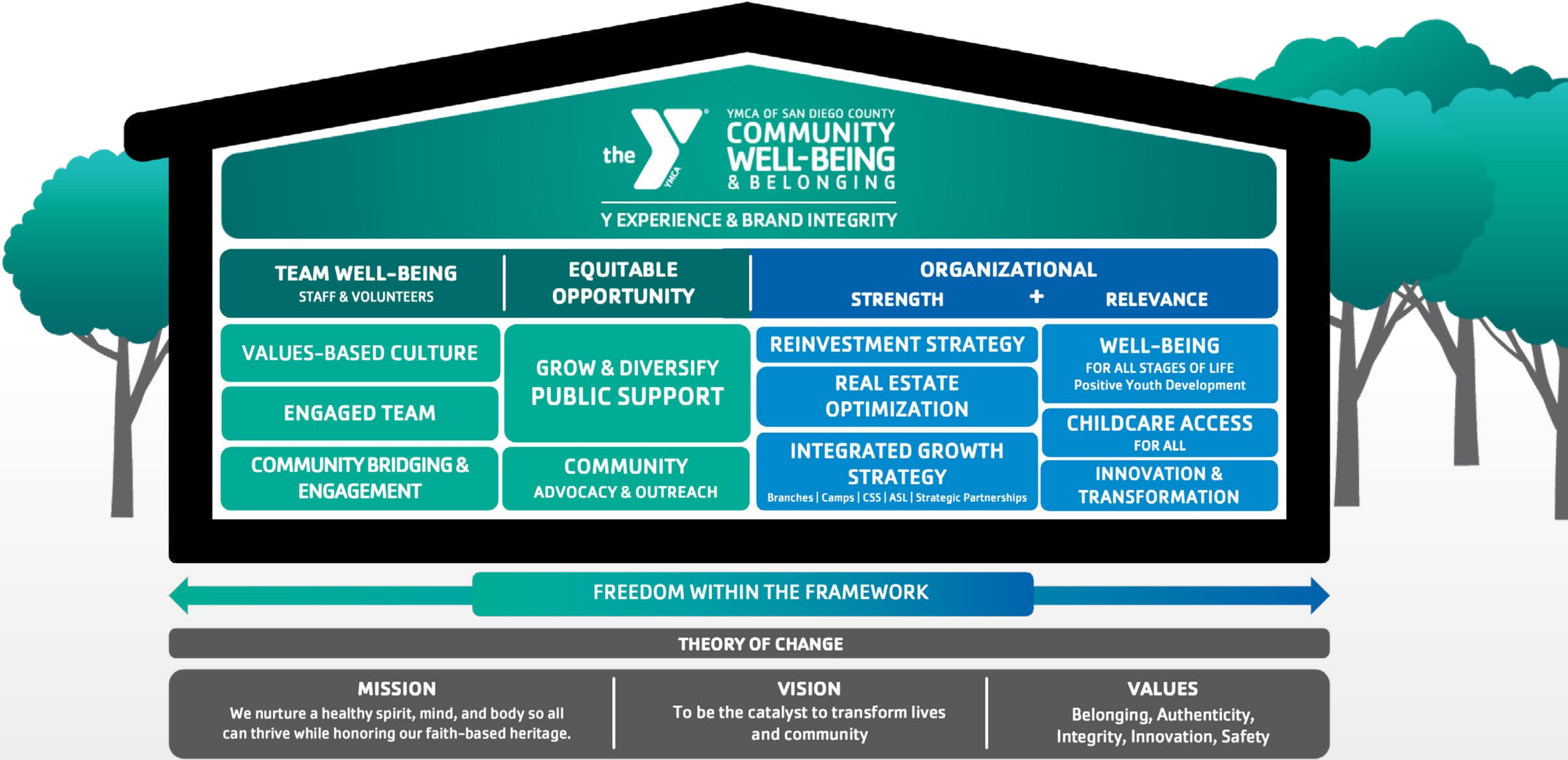
Community members benefit from greater opportunities, connection, and improved health and well-being

Staff and volunteers thrive, feel connected to their work, and are motivated and equipped to create positive change in the community

Youth have a strong foundation to grow, build lasting relationships, and reach their full potential

FY2024-25 STRATEGIC PRIORITIES | 3.0

The house graphic highlights our strategic priorities, including key focus areas. The foundation of the house represents our mission, vision, and values.



STRATEGIC PLAN

PROGRESS UPDATE

Leading the Way Where It's Needed Most

FY 23-24FY 24-25

Team Well-Being

Gallup Staff Engagement Survey
Mean Score

4.07

4.17

Equitable Opportunity

Annual Campaign

\$8.4M

\$8.5M

Organizational Strength

Top Line Revenue

\$317M

\$343M

Organizational Relevance

Well-Being and Positive
Youth Development Net
Promoter Score (NPS)

N/A

64 NPS

Served with Child Care

60K

74K

MULTIPLYING THE MISSION

MEMBERSHIP – WELCOME TO THE Y



How the Y Inspires Well-Being and Connection

The Y is more than a community hub; it's where individuals and families grow together in spirit, mind, and body. Last year, nearly **100,000 members** joined, seeking connection and purpose. Programs like LIVESTRONG® at the YMCA help cancer survivors rebuild strength, while the Diabetes Prevention Program supports healthier lifestyles. Through initiatives like blood pressure monitoring, we address critical health needs with care. Every experience at the Y tells a story of resilience and transformation, fostering well-being and belonging for all.

EXPLORING OVERNIGHT CAMP



Keeping Kids Active and Engaged through Nature

At the Y, we believe every child has incredible potential. Through programs at YMCA Camp Marston, YMCA Raintree Ranch, YMCA Camp Surf, and Sixth Grade Camp, we've helped to inspire resilience, curiosity, and growth for **19,080 young people**. Camp Marston and Raintree provide adventures like hiking, horseback riding, archery, and canoeing in Julian's serene forests, building kids' confidence and independence. At Camp Surf, children explore ocean activities like surfing and marine life studies while learning water safety and gaining self-assurance. Together, we're dedicated to preserving nature and creating opportunities for discovery and growth.



MULTIPLYING THE MISSION

SAVING LIVES WITH EVERY SWIM LESSON



Water safety has the power to significantly reduce drowning incidents across communities. By instilling confidence and knowledge in both children and adults, water safety education creates a ripple effect of positive change. In response to this critical issue, the Y focuses on empowerment and education, teaching **37,876 individuals** vital water safety skills.

HOW DAY CAMP IS MAKING A DIFFERENCE



When school is out, many children find themselves at home with limited opportunities for physical activity, personal growth, or new experiences. At the Y, day camp fills this gap, providing a safe, welcoming environment where kids can thrive socially, emotionally, and physically. With over **42,000 interactions** rooted in positive youth development, we nurture the whole child and create spaces filled with joy, connection, and growth.

MULTIPLYING THE MISSION

CHILD CARE AND COMMUNITY WELL-BEING



At the heart of our mission lies an unwavering commitment to providing county-wide affordable, safe child care for all, a crucial lifeline for our community's children, families, and providers.

Through YMCA Childcare Resource Service (CRS):

- **20,537 children** have been positively impacted.
- **17,756 families** have been supported as they work to build brighter futures.
- **15,595 providers** have created nurturing environments where children can thrive, and parents find peace of mind.
- For families facing difficult circumstances, we offered support when it was needed most, assisting **19,399 families** to ensure stability and security.
- We provided **6,948 child care referrals**, helping families find the care they sought.
 - Our financial assistance program made a significant impact by providing:
 - **8,249 families** with child care vouchers.
 - Direct benefits to **14,859 children**, enabling parents to pursue work or education.
 - A total distribution of **\$125,265,773** in child care vouchers - an investment in the community's present and future.

In addition to its resources for child care, the Y offers a range of programs that provide a safe and nurturing environment for children and families. These include preschools, which have provided a strong foundation for early learning to **4,879 children**, and the **Character Builders Before and After School licensed care**, which offered structured activities in a safe and nurturing environment to **26,717 students** last year. The **Expanded Learning Program**, which extends educational opportunities by providing 100% subsidized care before and after school, made possible through federal and state government funding, has positively impacted the lives of **17,500 students** in fiscal year 2024-25.

MULTIPLYING THE MISSION



SPORTS – Focused on the person before the athlete

The Y sports programs touched **18,530 youth and adults** by fostering belonging, growth, and potential in a supportive environment. The Y prioritizes personal growth alongside athletic development by emphasizing character, resilience, teamwork, and building self-esteem. Strong partnerships with organizations like the Alex Morgan Foundation, San Diego Wave, Padres, and San Diego Seals enhance this mission by breaking barriers and creating opportunities.

Types of Sports:

- Baseball
- Basketball
- Dance
- Esports
- Flag Football
- Golf
- Gymnastics
- Kickball
- Lacrosse
- Martial Arts
- Pickleball
- Rowing
- Rugby
- Skate
- Soccer
- Track and Field
- Volleyball
- Water Polo



MULTIPLYING THE MISSION



YOUTH & FAMILY SERVICES (YFS)

At YMCA Youth & Family Services (YFS), the purpose is clear: to lead with compassion. This past year, our YFS team fulfilled our Y’s vision to be the catalyst to transform lives and communities in numerous ways.

- **LIVES IMPACTED:**
15,443 individuals
benefited from programs offering connection, hope, and belonging.
- **COMMUNITY ENGAGEMENT:**
8,822 community members
participated in dialogue and collaboration for a shared vision of the future.
- **DIRECT SERVICES:**
3,707 people
received critical, hands-on support.
- **FAMILY SUPPORT:**
582 families accessed family preservation services.
- **RESOURCE LINKAGE:**
2,789 individuals
connected to essential programs and services.
- **YOUTH EMPOWERMENT:**
1,362 individuals received mental and behavioral health support.
- **YOUTH EMPOWERMENT:**
1,763 young people
gained housing, education, and employment services to inspire personal success.

Every statistic represents a life impacted and a step toward building stronger communities.



COMMUNITY WELL-BEING INITIATIVES

904 lives touched in the following efforts

LIVESTRONG at the YMCA:

Tailored support for cancer survivors to regain strength.



Enhanced Fitness:

Programs to improve mobility, health, and balance.



Diabetes Prevention Program:

Helping individuals adopt healthier habits to prevent prediabetes.



Community Health Navigators:

Personal guidance connecting underserved communities with key resources.



Veteran Programs:

Clinical Conditioning and Whole Health promote holistic recovery for veterans.



ConMigo:

Culturally relevant wellness opportunities for diverse communities.



Level Up San Diego:

A summer learning program offering San Diego Unified students enriching academic and creative experiences, serving **1,393 students** with **\$828,613 in grants**.



608 Challenged Athletes & 12,057 Military Memberships:

Dedicated programs that inspire inclusion and resilience.



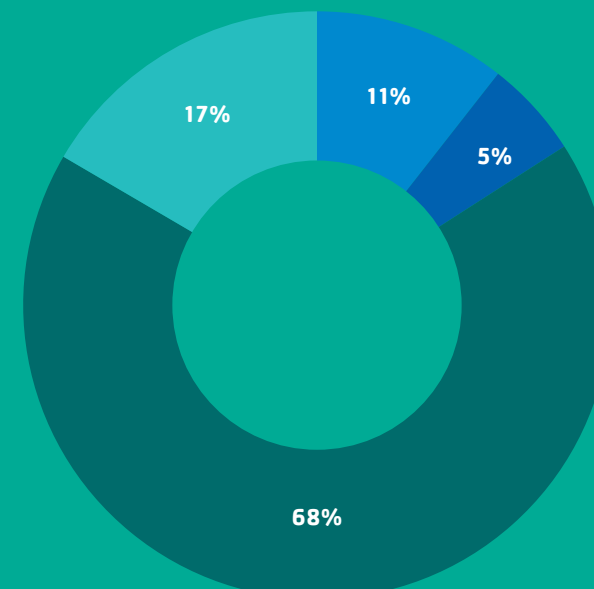
HOW FINANCIAL HEALTH SUPPORTS OUR MISSION

Our Y's funding comes from membership and program fees, donations, grants, and fundraising events. Every dollar is carefully allocated to maintain our programs, support our team, and allow all people to reach their fullest potential. Strong financial stewardship ensures we can serve more individuals, promote well-being, and grow alongside our community.

See pages 24-25 for fiscal year 2024-25 statement of activities.

Revenue and Expenses

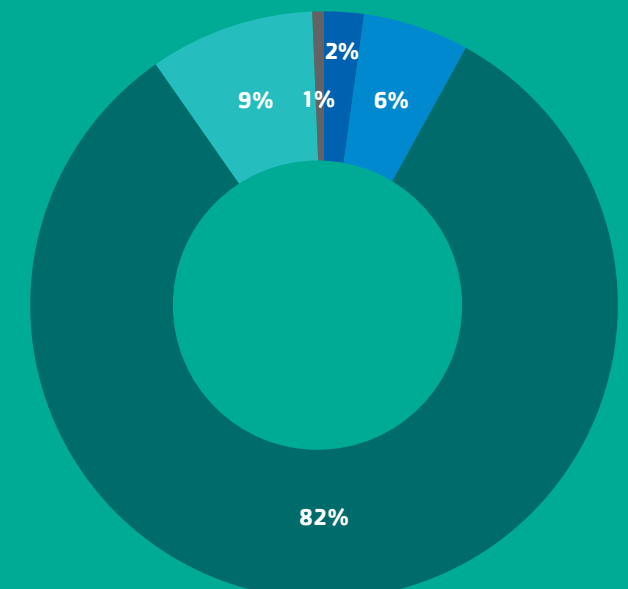
YMCA OF SAN DIEGO COUNTY
TOTAL REVENUE
2024-2025 UNAUDITED



Membership	Fundraising and Investment Income
40,265,000	20,366,000
Programs	Government Contract Revenue
63,115,000	257,124,000

OPERATING REVENUE
\$380,870,000

YMCA OF SAN DIEGO COUNTY
TOTAL EXPENSES
2024-2025 UNAUDITED



Administration	Social Responsibility
22,256,659	8,149,245
Fundraising	Youth Development
2,444,008	306,862,059
Healthy Living	
33,806,696	

OPERATING EXPENSES
\$373,519,000

FY 24-25 UNAUDITED STATEMENT OF ACTIVITIES

FY25 STATEMENT OF ACTIVITIES (UNAUDITED)			
REVENUE	Without Donor Restrictions	With Donor Restrictions	2025 Total
Contributions	9,841,000	3,112,000	12,953,000
Government funded programs	257,124,000		257,124,000
Membership dues	40,265,000		40,265,000
Program service fees	59,166,000		59,166,000
Investment income	1,368,000	305,000	1,673,000
Net realized gain (loss) on investments	865,000	339,000	1,204,000
Other	3,949,000		3,949,000
Net assets released from restrictions	2,684,000	(2,684,000)	-
TOTAL REVENUE	375,262,000	1,072,000	376,334,000
EXPENSES			
Program Services	348,818,000		348,818,000
Supporting Services	24,701,000		24,701,000
TOTAL EXPENSES	373,519,000	-	373,519,000
Change in net assets before net unrealized gain (loss) on investments	1,743,000	1,072,000	2,815,000
Net unrealized gain (loss) on investments	3,278,000	1,258,000	4,536,000
EXCESS (DEFICIT) OF REVENUE OVER EXPENSES	5,021,000	2,330,000	7,351,000

FY25 STATEMENT OF FINANCIAL POSITION (UNAUDITED)			
ASSETS	2025	LIABILITIES & NET ASSETS	2025
Cash and cash equivalents	15,020,000	Accrued liabilities	39,145,000
Restricted cash	981,000	Deferred Revenue	21,118,000
Receivables	36,832,000	Notes payable	11,165,000
Investments	65,386,000	Other liabilities	9,908,000
Investments whose uses are limited	1,873,000	Total liabilities	81,336,000
Other assets	2,490,000	Net assets without donor restrictions	154,314,000
Beneficial interest in charitable trusts	249,000	Net assets with donor restrictions	30,997,000
Land, buildings, and equipment	135,254,000	Total net assets	185,311,000
TOTAL ASSETS	\$266,647,000	TOTAL LIABILITIES & NET ASSETS	\$266,647,000

HERITAGE CLUB DONORS

Heritage Club members secure the future of our Y through planned gifts, ensuring their impact reaches future generations. As of June 30, 2025, the YMCA of San Diego County’s Endowment and Reserve Fund stood at **\$64M**, creating impact annually through its interest earnings. See the full list of our valued Heritage Club donors here.

Total members 1114

Anonymous (20)
Osmar Abad
Jolene & Tom Acierno
Linda & Dean Acosta
Debbie & George Adams
Donna & Rich Aeling
Penny & Dave Allen*
Mary & Robert Allen
Cindy & Emilio Alvarez
Susan Alvarez
Cheryl & Oscar Ancira
Judy & Jack Anderson
Judy & Roger Anderson
Elsa Anraku
Teresa & Bruce Appel
Anna Arancibia
Julie & Donald Armitage
Jean Arnett
Terry Arnett
John Ashley
Richard Atkinson
Bob Ayers & Theresa Beauchamp
Melanie Ann Backovich
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Kathleen Bailey
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Mari & Thomas Garcia
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Joan & Keith Gentry
Sheri & Dave Gibson
Ilse & Heinz Gietz

* CHARTER MEMBER

HERITAGE CLUB DONORS – CONTINUED

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Benjamin Green
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Debbie Katz

Paula & Chris Keenan
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Sonja Gietz-Kijora
Nona & Hank Killmar
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Lori Jordeth & Ron Kimura
Annette & Gabby King
Rick King
Cindy & Ed Kitrosser
Amelia Knezevich &
Stephanie Hurtado
Ellen & Zeke Knight
Jacqui & Ray Kranz
Gale Krause
Kay & John Krueger
Karen Krug
Lynn & Keith Krzewski
Bernadette Kubacki
Heather & Daylen Kunkel
Diana & Karson Kupiec
Marlyne & Jerry Kwasek
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Geri LaChance
Robert Ladner
Meridith & Paul Lafrenz
Paula Landale
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Candy Lang
Lois & Rod Lanthorne
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Annual Campaign Donors of \$10,000+

July 1, 2024–June 30, 2025

From the mountains of Julian to the Pacific shores, and from Camp Pendleton to the international border, your generosity has opened doors. Thanks to you, horses are being bridled, surfboards waxed, youth are counseled, seniors are on adventures, and eager minds are learning their ABCs. Thank you!

See the complete list of donors here:

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GOLDEN CIRCLE DONORS

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A YEAR OF MILESTONES

- 1

JULY 2024
Celebrated the unanimous passing of the first Child and Youth Plan for the City of San Diego.
- 2

AUGUST 2024
The Summer Olympics were all the buzz at our Ys, cheering on members going for the gold!
- 3

SEPTEMBER 2024
A new mini-pitch was added to the Mission Valley YMCA thanks to the Alex Morgan Foundation. An additional mini-pitch grand opening celebration occurred in June 2025 for the Rancho Family YMCA community.
- 4

OCTOBER 2024
Our Y joined forces with community leaders to come together to discuss the pollution crisis in the Tijuana Watershed.
- 5

NOVEMBER 2024
Solidarity Journey to raise awareness for youth homelessness went international, kicking off at YMCA Tijuana.
- 6

DECEMBER 2024
YMCA of SD was one of two Y's globally selected for the United Nations Unlock the Future Coalition.
- 7

JANUARY 2025
Border View Family YMCA celebrated the reopening of its pool!
- 8

FEBRUARY 2025
Rancho Family YMCA celebrated the groundbreaking of the first phase of its capital renovation plan.
- 9

MARCH 2025
The Annual Campaign was a HUGE success! Thousands of staff and volunteers fundraised \$8.5 million for scholarships and subsidized programs.
- 10

APRIL 2025
In partnership with the Dr. Suess Foundation and San Diego Foundation, \$35k was received to expand early literacy for our youngest learners!
- 11

MAY 2025
Over 30 YMCA of San Diego County volunteers and staff crossed the border to Tijuana and signed our nation's first-ever YMCA binational agreement. See page 36-37 for full details.
- 12

JUNE 2025
YMCA preschool graduations are always a great way to finish off a fiscal year on a positive note.





TWO COUNTRIES ONE COMMUNITY

DOS PAÍSES, UNA COMUNIDAD

YMCA OF SAN DIEGO COUNTY | YMCA MÉXICO

The Cali-Baja YMCA Binational Initiative marks a groundbreaking step in fostering collaboration between the YMCA of San Diego County and YMCA México. This historic partnership reflects the Y's enduring dedication to advancing social responsibility and strengthening community ties across borders.

This partnership is specifically designed to address the unique and pressing challenges faced by the more than 7 million people living in the Cali-Baja region. Key programs will include cross-border leadership exchanges, expanded resources for vulnerable populations, and shared strategies for creating healthier communities. By combining efforts and resources, the Cal-Baja YMCA Binational Initiative aims to create a ripple effect of positive change while celebrating the shared heritage of the region's residents.

Together, the YMCA of San Diego County and YMCA México are setting a new precedent for international collaboration within the YMCA global network, paving the way for innovative solutions to complex challenges. This partnership exemplifies the YMCA's mission to foster unity and strengthening community.

LEARN MORE!



YMCA OF SAN DIEGO COUNTY ASSOCIATION LEADERSHIP

July 1, 2024–June 30, 2025



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June 30, 2024-July 1, 2025



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YMCA Overnight Camps Marston,
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South Bay Family YMCA



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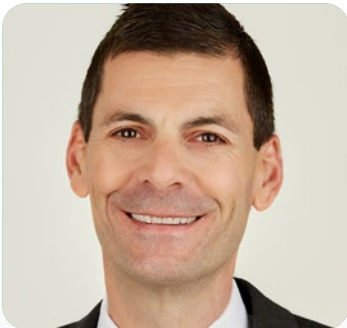
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YMCA OF SAN DIEGO COUNTY

ASSOCIATION SERVICES & LEADERSHIP

3708 Ruffin Road
San Diego, CA 92123
(858) 292-9622

BORDER VIEW FAMILY YMCA

3601 Arey Drive
San Diego, CA 92154
(619) 428-9622

CAMERON FAMILY YMCA

10123 Riverwalk Drive
Santee, CA 92071
(619) 449-9622

COPLEY-PRICE FAMILY YMCA

4300 El Cajon Boulevard
San Diego, CA 92105
(619) 280-9622

DAN MCKINNEY FAMILY YMCA

8355 Cliffridge Avenue
La Jolla, CA 92037
(858) 453-3483

JACKIE ROBINSON FAMILY YMCA

151 YMCA Way
San Diego, CA 92102
(619) 264-0144

JOE & MARY MOTTINO FAMILY YMCA

4701 Mesa Drive
Oceanside, CA 92056
(760) 758-0808

JOHN A. DAVIS FAMILY YMCA

8881 Dallas Street
La Mesa, CA 91942
(619) 464-1323

MAGDALENA ECKE FAMILY YMCA & SKATE PARK

200 Saxony Road
Encinitas, CA 92024
(760) 942-9622

MAGDALENA ECKE GYMNASTICS AND TRAINING CENTER

2261 Cosmos Court
Carlsbad, CA 92011
(760) 635-3070

MCGRATH FAMILY YMCA

12006 Campo Road
Spring Valley, CA 91978
(619) 462-9622

MISSION VALLEY YMCA

5505 Friars Road
San Diego, CA 92110
(619) 298-3576

PALOMAR FAMILY YMCA AND GYMNASTICS CENTER

1050 N. Broadway
Escondido, CA 92026
(760) 745-7490

RANCHO FAMILY YMCA

9410 Fairgrove Lane
San Diego, CA 92129
(858) 484-8788

SHEPHERD YMCA FIREHOUSE

7877 Herschel Avenue
La Jolla, CA 92037
(858) 551-9622

SOUTH BAY FAMILY YMCA

1201 Paseo Magda
Chula Vista, CA 91910
(619) 421-9622

T. CLAUDE & GLADYS B. RYAN FAMILY YMCA

4390 Valeta Street
San Diego, CA 92107
(619) 226-8888

TOBY WELLS YMCA

5105 Overland Avenue
San Diego, CA 92123
(858) 496-9622

YMCA KRAUSE FAMILY SKATE & BIKE PARK

3401 Clairemont Drive
San Diego, CA 92117
(858) 246-6731

YMCA OVERNIGHT CAMPS

YMCA CAMP MARSTON

4761 Pine Hills Road
Julian, CA 92036
(760) 765-0642

YMCA CAMP RAINTREE RANCH

2315 Frisius Drive
Julian, CA 92036
(760) 765-0642

YMCA CAMP SURF

560 Silver Strand Boulevard
Imperial Beach, CA 91932
(619) 423-5850

YMCA CHILDCARE RESOURCE SERVICE (CRS)

CHILDCARE SUBSIDY, RESPITE CARE, HEALTH, & BEHAVIORAL SUPPORT

4451 30th Street
San Diego, CA 92116
(619) 521-3055

CHILDCARE RESOURCE & REFERRAL

(800) 481-2151

SOUTH COUNTY OFFICE FAMILY SUPPORT SERVICES / PROVIDER SUPPORT SERVICES

3601 Arey Drive
San Diego, CA 92154
(619) 474-4707

YMCA YOUTH & FAMILY SERVICES (YFS)

YFS ADMINISTRATION/ COMMUNITY CENTER

4451 30th Street
San Diego, CA 92116
(619) 281-8313

COUNSELING CENTER

4394 30th Street
San Diego, CA 92104
(619) 281-8313

KINSHIP SUPPORT SERVICES

(619) 543-9850

OCEANSIDE COMPLEX

205 Barnes Street
Oceanside, CA 92054
(760) 721-8930

YMCA EXPANDED LEARNING PROGRAMS

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CENTRAL REGION

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SOUTH REGION

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