



# January 2026 POOL SCHEDULE

## COPLEY-PRICE FAMILY YMCA

\* Schedule and lane availability are subject to change  
\* Number in ( ) is the number of lanes being used

### OUTDOOR POOL

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
5:00AM	Lap Swim (6) 5:00AM-6:00AM	Lap Swim (6) 5:00AM-4:00PM	Lap Swim (6) 5:00AM-6:00AM	Lap Swim (6) 5:00AM-4:00PM	Lap Swim (6) 5:00AM-11:00AM				
7:00AM	7:00AM-10:00AM		Lap Swim (6) 5:00AM-6:00AM					7:00AM-10:00AM	
8:00AM	Masters Swim (3)		Masters Swim (3)			Lap Swim (6) 10:00AM-5:00PM	Lap Swim (6) 5:00AM-11:00AM	Lap Swim(6) 7:00AM-10:00AM	Lap Swim (6) 8:00AM-2:30PM
9:00AM	Lap Swim (3)		Lap Swim (3)				Lap Swim (6) 5:00AM-11:00AM	Lap Swim(6) 7:00AM-10:00AM	
10:00AM	Lap Swim (6) 10:00AM-5:00PM		Lap Swim (6) 10:00AM-5:00PM		Lap Swim (6) 11:00AM-5:00PM		Lap Swim (4) Family Swim(2)		
11:00AM							10:00AM-1:00PM		
12:00PM									
1:00PM									
2:00PM						Lap Swim (6) 1:00PM-3:30PM			
3:00PM									
4:00PM	Lap Swim (5) Swim Lessons (1)		Lap Swim (5) Swim Lessons (1)						
5:00PM	Lap Swim (1)	Lap Swim (1)	Lap Swim (1)	Lap Swim (1)	Family Swim SAT: 10AM-1PM				
6:00PM	Swim Team (5)	Swim Team (5)	Swim Team (5)	Swim Team (5)					
7:00PM	Lap Swim (2)	Lap Swim (2)	Lap Swim (2)	Lap Swim (2)					
8:00PM	Masters Swim (4)	Masters Swim (4)	Masters Swim (4)	Masters Swim (4)					
9:00PM	7:00PM-8:00PM	7:00PM-8:00PM	7:00PM-8:00PM	7:00PM-8:00PM					
8:00PM	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)					
9:00PM	8:00PM-9:00PM	8:00PM-9:00PM	8:00PM-9:00PM	8:00PM-9:00PM					

### INDOOR POOL

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00AM	Lap Swim (6) 5:00AM-11:00AM	Lap Swim (6) 5:00AM-11:00AM	Lap Swim (6) 5:00AM-11:00AM	Lap Swim (6) 5:00AM-11:00AM	Lap Swim (6) 5:00AM-10:00AM		
7:00AM							
8:00AM					Lap Swim (6) 7:00AM-8:30AM	Lap Swim (3) Family Swim (3) 8:00AM-2:30PM	
9:00AM					No Lap Swim Swim Lessons (6) 8:30AM-1:00PM		
10:00AM							Aqua Fit (6) No Lap Swim 10:00AM-12:00PM
11:00AM	Aqua Zumba (6) No Lap Swim 11:00AM-12:00PM	Aqua Fit (6) No Lap Swim 11:00AM-12:00PM	Aqua Fit (6) No Lap Swim 11:00AM-12:00PM	Lap Swim (4) Family Swim (2) 11:00AM-3:00PM	Lap Swim (3) Family Swim (3) 1:00PM-3:30PM		
12:00PM	Lap Swim(4) Family Swim(2) 12:00PM-3:00PM	Lap Swim (4) Family Swim(2) 12:00PM-3:00PM	Lap Swim (4) Family Swim(2) 12:00PM-3:00PM				
1:00PM	Lap Swim (1) Family Swim(2) Swim Lessons (3) 3:00PM-7:00PM	Lap Swim (3) Swim Lessons (3) 3:00PM-7:40PM	Lap Swim (1) Family Swim(2) Swim Lessons (3) 3:00PM-7:00PM	Lap Swim (3) Swim Lessons (3) 3:00PM-7:40PM	Lap Swim (2) Family Swim(2) Swim Lessons (2) 3:00PM-7:00PM	<div>Family Swim</div> <div>MON: 12PM-9PM</div> <div>WED: 11AM-9PM</div> <div>TUE/THURS: 12-3PM &amp; 7:40-9PM</div> <div>FRI: 12-8PM</div> <div>SAT 1:00PM-3:30PM</div> <div>SUN 8:00AM - 2:30PM</div>	
2:00PM							
3:00PM							
4:00PM							
5:00PM	Lap Swim (4) Family Swim(2) 7:00PM-9:00PM	Lap Swim (4) Family Swim(2) 7:40PM-9:00PM	Lap Swim (4) Family Swim(2) 7:00PM-9:00PM	Lap Swim (4) Family Swim(2) 7:40PM-9:00PM	Lap Swim (3) Family Swim(3) 7:00PM-8:00PM		
6:00PM							
7:00PM							
8:00PM							
9:00PM							

- Lap Swimming is for ages 13 and up — children under 13 must pass a swim test or stay within arms reach of a parent to use lap lanes
- All children under 13 must pass a swim test to enter the 6ft section during family swim
- Children under 7 must have a parent in the water within arms reach at all times

Updated 12/30/2025

### SPA

Monday	CLOSED
Tuesday	CLOSED
Wednesday	CLOSED
Thursday	CLOSED
Friday	CLOSED
Saturday	CLOSED
Sunday	CLOSED

### SPLASH PAD

Monday	8:00AM-SUNSET
Tuesday	8:00AM-SUNSET
Wednesday	8:00AM-SUNSET
Thursday	8:00AM-SUNSET
Friday	8:00AM-SUNSET
Saturday	8:00AM-3:30PM
Sunday	8:00AM-2:30PM