



January 2026 POOL SCHEDULE

COPLEY-PRICE FAMILY YMCA

* Schedule and lane availability are subject to change
 * Number in () is the number of lanes being used

OUTDOOR POOL

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00AM	Lap Swim (6) 5:00AM-6:00AM		Lap Swim (6) 5:00AM-6:00AM				
7:00AM	7:00AM-10:00AM		7:00AM-10:00AM		Lap Swim (6) 5:00AM-11:00AM		
8:00AM	Masters Swim (3) Lap Swim (3)		Masters Swim (3) Lap Swim (3)		Lap Swim (6) 7:00AM-10:00AM		
9:00AM	6:00AM-7:00AM		6:00AM-7:00AM				
10:00AM		Lap Swim (6) 5:00AM-4:00PM		Lap Swim (6) 5:00AM-4:00PM			
11:00AM						Lap Swim (4) Family Swim(2)	
12:00PM						10:00AM-1:00PM	
1:00PM	Lap Swim (6) 10:00AM-5:00PM		Lap Swim (6) 10:00AM-5:00PM				
2:00PM					Lap Swim (6) 11:00AM-5:00PM		
3:00PM		Lap Swim (5) Swim Lessons (1)		Lap Swim (5) Swim Lessons (1)			
4:00PM	4:00PM-5:00PM		4:00PM-5:00PM				
5:00PM	Lap Swim (1) Swim Team (5)	Lap Swim (1) Swim Team (5)					
6:00PM	5:00PM-7:00PM	5:00PM-7:00PM	5:00PM-7:00PM	5:00PM-7:00PM	5:00PM-7:00PM		
7:00PM	Lap Swim (2) Masters Swim (4)	Lap Swim (6) 7:00PM-8:00PM					
8:00PM	7:00PM-8:00PM						
9:00PM	Lap Swim (6) 8:00PM-9:00PM	Lap Swim (6) 8:00PM-9:00PM	Lap Swim (6) 8:00PM-9:00PM	Lap Swim (6) 8:00PM-9:00PM			

INDOOR POOL

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00AM							
7:00AM							
8:00AM	Lap Swim (6) 5:00AM-11:00AM	Lap Swim (6) 5:00AM-11:00AM	Lap Swim (6) 5:00AM-11:00AM	Lap Swim (6) 5:00AM-11:00AM	Lap Swim (6) 5:00AM-10:00AM	Lap Swim (6) 7:00AM-8:30AM	
9:00AM							
10:00AM						No Lap Swim Swim Lessons (6)	
11:00AM	Aqua Zumba (6) No Lap Swim 11:00AM-12:00PM	Aqua Fit (6) No Lap Swim 11:00AM-12:00PM		Aqua Fit (6) No Lap Swim 11:00AM-12:00PM	Aqua Fit (6) No Lap Swim 10:00AM-12:00PM	8:30AM-1:00PM	Lap Swim (3) Family Swim (3) 8:00AM-2:30PM
12:00PM							
1:00PM	Lap Swim(4) Family Swim(2)	Lap Swim (4) Family Swim(2)	Lap Swim (4) Family Swim(2)	Lap Swim (4) Family Swim(2)	Lap Swim (4) Family Swim(2)	Lap Swim (3) Family Swim (3)	
2:00PM	12:00PM-3:00PM	12:00PM-3:00PM	11:00AM-3:00PM	12:00PM-3:00PM	12:00PM-3:00PM	1:00PM-3:30PM	
3:00PM							
4:00PM	Lap Swim (1) Family Swim(2)	Lap Swim (3) Swim Lessons (3)	Lap Swim (1) Family Swim(2)	Lap Swim (3) Swim Lessons (3)	Lap Swim (2) Family Swim(2)		
5:00PM	Swim Lessons (3)	3:00PM-7:40PM	Swim Lessons (3)	3:00PM-7:40PM	Swim Lessons (2)		
6:00PM	3:00PM-7:00PM		3:00PM-7:00PM	3:00PM-7:40PM	3:00PM-7:00PM		
7:00PM	Lap Swim (4) Family Swim(2)	Lap Swim (4) Family Swim(2)	Lap Swim (4) Family Swim(2)	Lap Swim (4) Family Swim(2)	Lap Swim (3) Family Swim(3)		
8:00PM	7:00PM-9:00PM	7:40PM-9:00PM	7:00PM-9:00PM	7:40PM-9:00PM	7:00PM-8:00PM		
9:00PM							

- Lap Swimming is for ages 13 and up — children under 13 must pass a swim test or stay within arms reach of a parent to use lap lanes
- All children under 13 must pass a swim test to enter the 6ft section during family swim
- Children under 7 must have a parent in the water within arms reach at all times

Updated 12/30/2025

SPA

Monday	CLOSED
Tuesday	CLOSED
Wednesday	CLOSED
Thursday	CLOSED
Friday	CLOSED
Saturday	CLOSED
Sunday	CLOSED

SPLASH PAD

Monday	8:00AM-SUNSET
Tuesday	8:00AM-SUNSET
Wednesday	8:00AM-SUNSET
Thursday	8:00AM-SUNSET
Friday	8:00AM-SUNSET
Saturday	8:00AM-3:30PM
Sunday	8:00AM-2:30PM