



Davis FAMILY YMCA

LAP POOL SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00am—12:00pm <i>Pool Closed: 12:00pm—3:00pm</i>	8am—1pm				
3:00pm—6:00pm POOL OPENS 6:00AM Lap Swim	3:00pm—6:00pm POOL OPENS 6:00AM Lap Swim	3:00pm—6:00pm POOL OPENS 6:00AM Lap Swim	3:00pm—6:00pm POOL OPENS	3:00pm—6:00pm POOL OPENS	POOL OPENS 8:00AM Lap Swim
6:00am—10:00am Master Swim		6:00am—10:00am Master Swim		Lap Swim	6:00am-10:00am
7:00am—8:00am 2-3 Lanes	6:00am-10:00am Lap Swim	7:00am—8:00am RESERVED	6:00am-10:00am 2-3 Lanes	6:00am-10:00am Lap Swim	Swim Lessons 9:00am—1:00pm Lanes 1 & 2
RESERVED Aqua Fit		Aqua Fit		Aqua Fit	Lap Swim 10:00am –1:00pm Lanes 3 - 5
10:00AM-11:00AM All Lanes Lap Swim					
11:00am—12:00pm POOL CLOSED	11:00am—12:00pm POOL CLOSED	11:00am—12:00pm POOL CLOSED	11:00am—12:00pm POOL CLOSED	11:00am -12:00pm POOL CLOSED	POOL CLOSED 12:00 PM
12:00 PM— 3:00PM Swim Lessons 3:30pm—6:00 pm Lanes 1 & 2 Lap Swim	12:00 PM— 3:00PM Swim Lessons 3:30pm—6:00 pm Lanes 1 & 2 Lap Swim	12:00 PM— 3:00PM Swim Lessons 3:30pm—6:00 pm Lanes 1 & 2 Lap Swim	12:00 PM— 3:00PM Swim Lessons 3:30pm—6:00 pm Lanes 1 & 2 Lap Swim	12:00 PM— 3:00PM Swim Lessons 3:30pm—6:00 pm Lanes 1 & 2 Lap Swim	SUNDAY Closed
3:00pm—6:00pm Lanes 3-5 POOL CLOSED 6:00pm					

Know Before You Go: Lap Pool Guidelines

- Swimmers are encouraged to share lanes during busy times. Please be prepared to circle swim, with up to four swimmers per lane.
- Water Group Exercise classes begin 10 minutes prior to the scheduled class time to allow lifeguards to adjust lane lines and staff to prepare the space.
- During Family Swim, a 1:1 adult-to-child ratio is required at all times.
- Children must either pass a swim test or wear a life jacket and remain within arm's reach of the supervising adult.
- Children under 6 years old must have a parent or guardian in the water with them at all times.
- Waterproof swim diapers are required for any child who is not yet potty trained.
- Sign up for our text alerts to receive updates on closures, and schedule changes

Lap pool lane schedules and availability are subject to change at any time.

Hours of Operation:

Monday:	Tuesday:
6:00am—12:00pm	6:00am—12:00pm
3:00pm— 6:00pm	3:00pm— 6:00pm
Wednesday:	Thursday:
6:00am—12:00pm	6:00am—12:00pm
3:00pm— 6:00pm	3:00pm— 6:00pm
Friday:	Saturday:
6:00am—12:00pm	8:00am—1:00pm
3:00pm— 6:00pm	Sunday: Closed