



# Davis FAMILY YMCA

## LAP POOL SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00am—12:00pm <i>Pool Closed:</i> 12:00pm—3:00pm	6:00am—12:00pm <i>Pool Closed:</i> 12:00pm—3:00pm	6:00am—12:00pm <i>Pool Closed:</i> 12:00pm—3:00pm	6:00am—12:00pm <i>Pool Closed:</i> 12:00pm—3:00pm	6:00am—12:00pm <i>Pool Closed:</i> 12:00pm—3:00pm	8am—1pm
3:00pm—6:00pm <i>POOL OPENS</i>	3:00pm—6:00pm <i>POOL OPENS</i>	3:00pm—6:00pm <i>POOL OPENS</i>	3:00pm—6:00pm <i>POOL OPENS</i>	3:00pm—6:00pm <i>POOL OPENS</i>	<i>POOL OPENS</i>
6:00AM Lap Swim	6:00AM	6:00AM Lap Swim	6:00AM	6:00AM	8:00AM Lap Swim
6:00am—10:00am Master Swim	Lap Swim	6:00am—10:00am Master Swim	Lap Swim	Lap Swim	6:00am-10:00am
7:00am—8:00am 2-3 Lanes RESERVED Aqua Fit	6:00am-10:00am Aqua Fit	7:00am—8:00am 2-3 Lanes RESERVED Aqua Fit	6:00am-10:00am Aqua Fit	6:00am-10:00am Aqua Fit	Swim Lessons 9:00am—1:00pm Lanes 1 & 2 Lap Swim
10:00AM-11:00AM All Lanes Lap Swim	10:00AM-11:00AM All Lanes Lap Swim	10:00AM-11:00AM All Lanes Lap Swim	10:00AM-11:00AM All Lanes Lap Swim	10:00AM-11:00AM All Lanes Lap Swim	10:00am –1:00pm Lanes 3 - 5
11:00am—12:00pm <i>POOL CLOSED</i>	11:00am—12:00pm <i>POOL CLOSED</i>	11:00am—12:00pm <i>POOL CLOSED</i>	11:00am—12:00pm <i>POOL CLOSED</i>	11:00am -12:00pm <i>POOL CLOSED</i>	<i>POOL CLOSED</i> 12:00 PM
12:00 PM— 3:00PM Swim Lessons 3:30pm—6:00 pm Lanes 1 & 2 Lap Swim	12:00 PM— 3:00PM Swim Lessons 3:30pm—6:00 pm Lanes 1 & 2 Lap Swim	12:00 PM— 3:00PM Swim Lessons 3:30pm—6:00 pm Lanes 1 & 2 Lap Swim	12:00 PM— 3:00PM Swim Lessons 3:30pm—6:00 pm Lanes 1 & 2 Lap Swim	12:00 PM— 3:00PM Swim Lessons 3:30pm—6:00 pm Lanes 1 & 2 Lap Swim	SUNDAY Closed
3:00pm—6:00pm Lanes 3-5 <i>POOL CLOSED</i>	3:00pm—6:00pm Lanes 3-5 <i>POOL CLOSED</i>	3:00pm—6:00pm Lanes 3-5 <i>POOL CLOSED</i>	3:00pm—6:00pm Lanes 3-5 <i>POOL CLOSED</i>	3:00pm—6:00pm Lanes 3-5 <i>POOL CLOSED</i>	
6:00pm	6:00pm	6:00pm	6:00pm	6:00pm	

### Know Before You Go: Lap Pool Guidelines

- Swimmers are encouraged to share lanes during busy times. Please be prepared to circle swim, with up to four swimmers per lane.
- Water Group Exercise classes begin 10 minutes prior to the scheduled class time to allow lifeguards to adjust lane lines and staff to prepare the space.
- During Family Swim, a 1:1 adult-to-child ratio is required at all times.
- Children must either pass a swim test or wear a life jacket and remain within arm’s reach of the supervising adult.
- Children under 6 years old must have a parent or guardian in the water with them at all times.
- Waterproof swim diapers are required for any child who is not yet potty trained.
- Sign up for our text alerts to receive updates on closures, and schedule changes

Lap pool lane schedules and availability are subject to change at any time.

Hours of Operation:	
Monday:	Tuesday:
6:00am—12:00pm	6:00am—12:00pm
3:00pm— 6:00pm	3:00pm—6:00p
Wednesday:	Thursday:
6:00am—12:00pm	6:00am—12:00pm
3:00pm— 6:00pm	3:00pm— 6:00pm
Friday:	Saturday:
6:00am—12:00pm	8:00am—1:00pm
3:00pm— 6:00pm	Sunday: Closed