

# MONTHLY GYMNASTICS SCHEDULE CANYONSIDE

|                                | Tuesday                                            | Wednesday                                          | Thursday                                           | Friday                           | Saturday                        |
|--------------------------------|----------------------------------------------------|----------------------------------------------------|----------------------------------------------------|----------------------------------|---------------------------------|
| Parent/Child Ages 15-35 months |                                                    | 9:30 -10:15 am                                     |                                                    |                                  | 9:00-9:45am                     |
| Preschool 3-4 Gymnastics       | 3:00 - 3:45 pm<br>5:00 - 5:45 pm                   | 10:15-11:00am<br>3:15 - 4:00 pm<br>5:30 - 6:15 pm  | 3:00 - 3:45 pm<br>5:00 - 5:45 pm                   | 4:00 - 4:45 pm                   | 9:00-9:45am                     |
| Preschool 4-5 Gymnastics       | 4:00 - 4:45 pm<br>6:00 - 6:45 pm                   | 5:45 - 6:30 pm                                     | 4:00 - 4:45 pm<br>6:00 - 6:45 pm                   | 5:00 - 5:45 pm                   | 10:00-10:45am                   |
| Little Ninjas 3-5              |                                                    | 4:30 - 5:15 pm                                     |                                                    | 3:00 - 3:45 pm                   | 11:00-11:45am                   |
| Hotshots *                     |                                                    | 4:45 - 5:40 pm                                     |                                                    |                                  |                                 |
| Beginner 5-6                   | 3:00-3:55pm<br>4:00 - 4:55 pm<br>5:30-6:25pm       | 3:30 - 4:25 pm<br>4:45 - 5:40 pm                   | 3:00-3:55pm<br>4:00 - 4:55 pm<br>5:30-6:25pm       | 3:30 - 4:25 pm<br>6:00 - 6:55 pm | 9:15-10:10am<br>11:15-12:10pm   |
| Beginner 7+                    | 3:00-3:55pm<br>4:00 - 4:55 pm<br>5:30-6:25pm       | 5:45 - 6:40 pm                                     | 3:00-3:55pm<br>4:00 - 4:55 pm<br>5:30-6:25pm       | 6:00-6:55 pm                     | 10:15-11:10am                   |
| Level 1 *                      | 3:00 - 3:55 pm<br>4:00 - 4:55 pm<br>5:00 - 5:55 pm | 3:30 - 4:25 pm<br>4:45 - 5:40 pm<br>5:45 - 6:40 pm | 3:00 - 3:55 pm<br>4:00 - 4:55 pm<br>5:00 - 5:55 pm | 3:30 - 4:25 pm<br>4:45 - 5:40 pm | 9:15-10:10 am<br>10:15-11:10 am |
| Level 2 *                      | 3:00 - 4:25 pm<br>4:30 - 5:55 pm<br>6:00 - 7:25 pm | 4:00 - 5:25 pm<br>5:30 - 6:55 pm                   | 3:00 - 4:2 pm<br>4:30 - 5:55 pm<br>6:00 - 7:25 pm  | 4:45- 6:10 pm                    | 9:00-10:25am<br>10:30-11:55am   |
| Advanced Non Competitive *     | 4:30 - 6:25 pm                                     | 5:00-6:55pm                                        | 4:30 - 6:25 pm                                     | 4:30 - 6:25 pm                   |                                 |
| Boys Beginner 5+               | 4:30 - 5:25 pm                                     |                                                    | 4:30 - 5:25 pm                                     |                                  | 10:30-11:25am                   |
| Boys Level 1 *                 | 4:30- 5:25 pm                                      |                                                    | 4:30- 5:25 pm                                      |                                  | 10:30-11:25am                   |
| Tumbling                       | 6:00 - 6:55 pm                                     |                                                    |                                                    |                                  |                                 |
| Teen Girls Gymnastics 12+      |                                                    |                                                    | 5:30 - 7:25 pm                                     |                                  |                                 |

\* Needs instructor approval

No classes currently offered on Mondays  
3 child minimum needed for class to run