



SPRING 2026 POOL SCHEDULE

COPLEY-PRICE FAMILY YMCA

* Schedule and lane availability are subject to change
* Number in () is the number of lanes being used

OUTDOOR POOL

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
5:00AM	Lap Swim (6) 5:00AM-6:00AM 7:00AM-10:00AM	Lap Swim (6) 5:00AM-8:30AM	Lap Swim (6) 5:00AM-6:00AM 7:00AM-10:00AM	Lap Swim (6) 5:00AM-8:30AM	Lap Swim (6) 5:00AM-11:00AM						
7:00AM											
8:00AM	Masters Swim (3) Lap Swim (3) 6:00AM-7:00AM		Masters Swim (3) Lap Swim (3) 6:00AM-7:00AM			Lap Swim(6) 7:00AM-10:00AM	Lap Swim (6) 8:00AM-2:30PM				
9:00AM											
10:00AM	Lap Swim (6) 10:00AM-5:00PM	Lap Swim (3) Hoover High School lessons (3) 8:30AM-3:30PM	Lap Swim (6) 10:00AM-5:00PM	Lap Swim (3) Hoover High School lessons (3) 8:30AM-3:30PM	Lap Swim (6) 11:00AM-5:00PM	Lap Swim (4) Family Swim(2) 10:00AM-1:00PM					
11:00AM											
12:00PM											
1:00PM											
2:00PM						Lap Swim (5) Swim Lessons (1) 4:00PM-5:00PM		Lap Swim (5) Swim Lessons (1) 4:00PM-5:00PM			
3:00PM											
4:00PM	Lap Swim (1) Swim Team (5) 5:00PM-7:00PM	Lap Swim (1) Swim Team (5) 5:00PM-7:00PM	Lap Swim (1) Swim Team (5) 5:00PM-7:00PM	Lap Swim (1) Swim Team (5) 5:00PM-7:00PM	Lap Swim (1) Swim Team (5) 5:00PM-7:00PM	Family Swim SAT: 10AM-1PM					
5:00PM											
6:00PM	Hoover Swim Team (3) Masters Swim (3) 7:00PM-8:00PM	Hoover Swim Team (3) Masters Swim (3) 7:00PM-8:00PM	Hoover Swim Team (3) Masters Swim (3) 7:00PM-8:00PM	Hoover Swim Team (3) Masters Swim (3) 7:00PM-8:00PM	Lap Swim (3) Hoover Swim Team (3) 7:00PM-8:00PM	No Lap Swim 7 PM-8 PM					
7:00PM											
8:00PM	Lap Swim (3) Hoover Swim Team (3) 8:00PM-9:00PM	Lap Swim (3) Hoover Swim Team (3) 8:00PM-9:00PM	Lap Swim (3) Hoover Swim Team (3) 8:00PM-9:00PM	Lap Swim (3) Hoover Swim Team (3) 8:00PM-9:00PM	Monday-Thursday						
9:00PM											

DOOR CODE : 1234

INDOOR POOL

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00AM	Lap Swim (6) 5:00AM-11:00AM	Lap Swim (6) 5:00AM-11:00AM	Lap Swim (6) 5:00AM-11:00AM	Lap Swim (6) 5:00AM-11:00AM	Lap Swim (6) 5:00AM-10:00AM	Lap Swim (6) 7:00AM-8:30AM	Lap Swim (3) Family Swim (3) 8:00AM-2:30PM
7:00AM							
8:00AM							
9:00AM							
10:00AM							
11:00AM	Aqua Zumba (6) No Lap Swim 11:00AM-12:00PM	Aqua Fit (6) No Lap Swim 11:00AM-12:00PM	Aqua Fit (6) No Lap Swim 11:00AM-12:00PM	Aqua Fit (6) No Lap Swim 11:00AM-12:00PM	Aqua Fit (6) No Lap Swim 10:00AM-12:00PM	No Lap Swim Swim Lessons (6) 8:30AM-1:00PM	
12:00PM	Lap Swim(4) Family Swim(2) 12:00PM-3:00PM	Lap Swim (4) Family Swim(2) 12:00PM-3:00PM	Lap Swim(4) Family Swim (2) 12:00PM-3:00PM	Lap Swim (4) Family Swim(2) 12:00PM-3:00PM	Lap Swim (4) Family Swim(2) 12:00PM-3:00PM	Lap Swim (3) Family Swim (3) 1:00PM-3:30PM	
1:00PM							
2:00PM							
3:00PM	Lap Swim (1) Family Swim(2) Swim Lessons (3) 3:00PM-7:00PM	Lap Swim (3) Swim Lessons (3) 3:00PM-7:40PM	Lap Swim (1) Family Swim(2) Swim Lessons (3) 3:00PM-7:00PM	Lap Swim (3) Swim Lessons (3) 3:00PM-7:40PM	Lap Swim (2) Family Swim(2) Swim Lessons (2) 3:00PM-7:00PM	Family Swim MON: 12PM-9PM WED: 11AM-9PM TUE/THURS: 12-3PM & 7:40-9PM FRI: 12-8PM SAT 1:00PM-3:30PM SUN 8:00AM - 2:30PM	
4:00PM							
5:00PM							
6:00PM							
7:00PM	Lap Swim (4) Family Swim(2) 7:00PM-9:00PM	Lap Swim (4) Family Swim(2) 7:40PM-9:00PM	Lap Swim (4) Family Swim(2) 7:00PM-9:00PM	Lap Swim (4) Family Swim(2) 7:40PM-9:00PM	Lap Swim (3) Family Swim(3) 7:00PM-8:00PM		
8:00PM							
9:00PM							

- Lap Swimming is for ages 13 and up — children under 13 must pass a swim test or stay within arms reach of a parent to use lap lanes
- All children under 13 must pass a swim test to enter the 6ft section during family swim
- Children under 7 must have a parent in the water within arms reach at all times

Updated 2/1/2026

SPA

Monday	5 AM—9 PM
Tuesday	5 AM—9 PM
Wednesday	5 AM—9 PM
Thursday	5 AM—9 PM
Friday	5 AM—8 PM
Saturday	7 AM—3:30 PM
Sunday	8 AM—11 AM

SPLASH PAD

Monday	8:00AM-SUNSET
Tuesday	8:00AM-SUNSET
Wednesday	8:00AM-SUNSET
Thursday	8:00AM-SUNSET
Friday	8:00AM-SUNSET
Saturday	8:00AM-3:30PM
Sunday	8:00AM-2:30PM