



YMCA OF SAN DIEGO COUNTY  
**COMMUNITY  
 WELL-BEING  
 & BELONGING**

# POOL SCHEDULE

2026

## BORDER VIEW FAMILY YMCA

HOURS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00AM							
8:00AM		7AM-10AM		7AM-10AM	7AM-11AM		
9:00AM		OPEN/LAP SWIM (5)		OPEN/LAP SWIM (5)	OPEN/LAP SWIM (5)	8AM-12PM	
10:00AM				WATER EX 8AM		OPEN/LAP SWIM(4)	
11:00AM						SWIM LESSONS	
12:00PM							
1:00PM							
2:00PM							
3:00PM							
4:00PM							
5:00PM	4PM-8PM	4PM-8PM	4PM-8PM	4PM-8PM			
6:00PM	OPEN/LAP SWIM (4)	OPEN/LAP SWIM(4)	OPEN/LAP SWIM (4)	OPEN/LAP SWIM(4)			
7:00PM	SWIM LESSONS	SWIM LESSONS	SWIM LESSONS	SWIM LESSONS			
8:00PM							

\*Limited Lap Lane Availability During Water Exercise/Swim Lessons